

**ROLAND-STORY MIDDLE SCHOOL**  
**Monday, March 4, 2019 #117**

**WEEKLY LUNCH MENU**

**Monday-Chicken patty, french fries, cooked carrots, pears**  
**Tuesday- Crispito, cheese/chili, nacho chips, pineapple**  
**Wednesday-Cheese pizza, fresh veggies, fresh fruit, fruit cocktail**  
**Thursday-Pork rib sandwich, fritos, broccoli/cheese, applesauce**  
**Friday-Cheese quesadillas, peaches, fruit, vegetables**

**WEEKLY BREAKFAST MENU**

**Monday-Bfst wrap, grapes, milk, juice**  
**Tuesday-Bfst bar, apple slices, granola bar, milk, juice**  
**Wednesday-Bfst pizza banana, milk, juice**  
**Thursday-Pancake sticks, orange slices, milk, juice**  
**Friday-Cereal, poptart, blueberries, juice**

**Roland Rural Bus Room** is located in Mrs. Petersen's classroom until March 29<sup>th</sup>.

**Students-DO NOT THROW SNOWBALLS or ICE at any time.**

**After School Musical Practice-** March 4<sup>th</sup>, 7<sup>th</sup>, and 8<sup>th</sup> from 3:30-5:00- Shuttle bus will be provided

**7<sup>th</sup>/8<sup>th</sup> Grade Track Sign-Up Sheets are in the office.** Track practices will begin after spring break. Athletic physicals must be up to date in order to participate.

**Girls 7/8 Track Meeting** will be held this Wednesday, from 8:30-8:50am in the old gym for all 7<sup>th</sup>/8<sup>th</sup> grade participants, including managers. Coach Lettow will be there to hand out information and talk about the upcoming season. Practice officially starts Monday, March 25<sup>th</sup>.

**7<sup>th</sup>/8<sup>th</sup> Grade Boys' Basketball Players:** JH basketball pictures forms are due to the office by TODAY.

**Softball Camp** fliers for 5<sup>th</sup> and 6<sup>th</sup> grade softball players are available in the office or from their homeroom teacher. Camp will be Saturday, March 30<sup>th</sup> at the MS Gyms in Roland. Form also available at the HS Softball website: <http://tinyurl.com/norsesoftball>

**Spring Baseball Apparel/Equipment Order** - The annual RS Baseball spring order is now live, link below. Multiple apparel, equipment, and accessories are available. Orders due by 3/6 at midnight. Contact Coach Hill with questions. <https://rsbaseball19.itemorder.com/>

**Spring PTO Book Fair Sign-Up:** <https://www.signupgenius.com/go/10c0a49a8ae2aa4f94-rolandstory>

**2019 RYS Skills Assessment Night**

When: Thursday March 7<sup>th</sup>

Time: 6pm - 8pm

Where: Roland-Story Middle School Gym

Who should attend: 3<sup>rd</sup>-6<sup>th</sup> Grade softball players who have registered for RYS rec softball. Parents are encouraged to attend as well for a brief Introduction of coaches and short Q&A session. **ALL COACHES (HEAD AND ASSISTANT) NEED TO ATTEND!**

**Details:**

This is the night when coaches select teams in grades 3-6. We set up simple batting and fielding stations for the girls to demonstrate their softball skills (zero skill level required by the way). After skills assessment is complete players are dismissed and the coaches head to the war room to privately draft their teams for the season.

It is required that all 3<sup>rd</sup>-6<sup>th</sup> graders attend Skills Night in order to be placed on a team. NO Exceptions!

1<sup>st</sup> and 2<sup>nd</sup> grade coaches only need to attend to select their teams as this is not through a draft process. 1-2 grade coaches can arrive about 7:30 when the skills process is complete.

**7<sup>th</sup>/8<sup>th</sup> Choir Students:** If you have not yet turned in your \$10 robe cleaning fee, please do so soon. If you are not sure whether or not you have paid, please see Mrs. Berggren or Mrs. Kowalke. They have a list in the office.

**Quote of the week:**

Passion makes the difference between something common and something special.  
Mark Sanborn