

ROLAND-STORY MIDDLE SCHOOL
Monday, April 22, 2019 #147

WEEKLY LUNCH MENU

Monday-Pork rib sandwich, potato smiles, corn, pineapple
Tuesday-Beef burgers, French fries, baked beans, pears
Wednesday-Spaghetti, garlic bread, green beans, peaches
Thursday-French toast sticks, sausage links, hash browns, applesauce
Friday-Corndogs, chips, broccoli and cheese, fruit cocktail

WEEKLY BREAKFAST MENU

Monday-Bfst wrap, grapes, milk, juice
Tuesday-Bfst bar, apple slices, granola bar, milk, juice
Wednesday-Bfst pizza banana, milk, juice
Thursday-Pancake sticks, orange slices, milk, juice
Friday-Cereal, poptart, blueberries, juice

Students: Tuesday through Friday this week you will be taking the ISASP (Iowa Statewide Assessment of Student Progress). You will be tested over reading, math, language arts, writing, and some of you will test over science. Doing your personal best is so important as this helps us know what you need academically and what we need to do as a middle school to meet your needs. Do your best on the test!

R-S Got Talent: 7th grade Leadership is bringing the R-S Got Talent Show to a Middle School near YOU! The final show is on May 1st 9:00-11:30 A.M. R-S Got Talent ... Break a leg!

MS Track Pictures are Tuesday, April 23^r

The Day of Awesomeness has been moved to May 7th, 1:00-2:30

Yearbook forms and money are due to the office TODAY.

Roland Rural Bus Room is located in Mrs. Alonzo's classroom.

Roland Pool 5K: There is still time to sign up for the Roland Pool 5K taking place on April 27th. We are also having a free will donation pancake breakfast starting at 7:30 that morning. The run starts at 9AM. Hope to see you there!

Quote of the week:

Leaders aren't born they are made. And they are made just like anything else, through hard work. And that's the price we'll have to pay to achieve that goal or any goal. -Vince Lombardi

R-S MS Practice/Bus Schedule

Monday 4/22

7th/8th Boys Track Practice 3:30
7th/8th Girls Track Meet @ South Hardin (Eldora) 4:30 (Bus leaves at 2:55. Athletes dismissed at 2:45.)

Shuttle will pick up Boys Track at 4:50 in Roland and drop off in Story City.

Tuesday 4/23

7th/8th Boys Track Practice 3:30
7th/8th Girls Track Practice 3:30

Shuttle will pick up Boys Track in Roland at 4:50 and drop off in Story City. Shuttle will pick up Girls Track in Roland at 5:10 and drop off in Story City.

Wednesday 4/24

7th/8th Boys Track Practice 3:30
7th/8th Girls Track Practice 3:30

Shuttle will pick up Boys Track in Roland at 4:50 and drop off in Story City. Shuttle will pick up Girls Track in Roland at 5:10 and drop off in Story City.

Thursday 4/25

7th/8th Boys Track Meet @ Ballard (Huxley) 4:30 (Bus leaves at 3:15. Athletes dismissed at 3:05.)
7th/8th Girls Track Practice 3:30

Shuttle will pick up Girls Track in Roland at 4:50 and drop off in Story City.

Friday 4/26

7th/8th Boys Track Meet @ Story City 4:30 (Bus leaves at 3:30. Athletes dismissed at 3:20.)

7th/8th Girls Track Meet @ Story City 4:30 (Bus leaves at 3:30. Athletes dismissed at 3:20.)