

**ROLAND-STORY MIDDLE SCHOOL**  
**Monday, December 17, 2018 #076**

**TODAY'S LUNCH**

Shrimp shapes, mac and cheese bites, cooked carrots, pears

**12-18-18 BREAKFAST**

Bfst bar, apple slices, granola bar, milk, juice

**12-18-18 LUNCH**

Fr Toast sticks, sausage links, Hashbrowns, orange slices, applesauce

**Students-just a reminder we have many fun activities planned from now until Christmas break. In order to participate in these activities please follow our expectations and show PRIDE in all that you do. If you do not meet these expectations and are sent to the office or receive an office referral, you may not be able to participate in the fun activities that have been planned for you.**

**Roland Rural Bus Room will be located in Mr. Sheahan's classroom this week.**

**Student Ambassadors:** Meetings will be in Mr. Oleson's office during lunch:

- 6th Grade: Monday, December 17
- 5th Grade: Tuesday, December 18

**The Student Ambassadors are going to kick off Christmas Break by encouraging you to be wearing the ugliest sweater that you can find (or create) for our Annual Ugly Sweater Day held Friday, Dec. 21!** Our Student Ambassadors encourage all students and staff to have as much fun and creativity as you can with our annual *Ugly Sweater Day!* We will have a little photo area set up in the Norse Cafe on Dec. 21 during lunch for you and your friends to take some fun pictures!

**Quote of the week:**

"If you can't fly then run, if you can't run then walk, if you can't walk then crawl, but whatever you do you have to keep moving forward." Dr. Martin Luther King Jr.

**R-S MS Practice/Bus Schedule**

**Monday 12/17**

7<sup>th</sup>/8<sup>th</sup> Wrestling @ South Hamilton (Jewell) 4:15 Bus leaves at 3:15. Athletes dismissed at 3:05.

7<sup>th</sup> Girls Basketball vs. Saydel 4:30

8<sup>th</sup> Girls Basketball @ Saydel 4:30 Bus leaves at 3:15. Athletes dismissed at 3:05.

**Tuesday 12/18**

7<sup>th</sup>/8<sup>th</sup> Girls Basketball Practice 3:30

Shuttle will pick up 7<sup>th</sup>/8<sup>th</sup> Girls Basketball in Roland at 5:45 and drop off in Story City.

**Wednesday 12/19**

7<sup>th</sup>/8<sup>th</sup> Girls Basketball Practice 3:30

Shuttle will pick up 7<sup>th</sup>/8<sup>th</sup> Girls Basketball in Roland at 5:45 and drop off in Story City.

**Thursday 12/20**

7<sup>th</sup> Girls Basketball vs. Nevada 4:30

8<sup>th</sup> Girls Basketball @ Nevada 4:30 Bus leaves at 3:45.

**Friday 12/21**

No Practices

