

**ROLAND-STORY MIDDLE SCHOOL  
MONDAY, October 8, 2018 #030**

**TODAY'S LUNCH**

Pork rib, curly fries, green beans, pineapple

**10-9-18 BREAKFAST**

Bfst bar, apple slices, granola bar, juice, milk

**10-9-18 LUNCH**

Spaghetti, garlic bread, corn, pears

**Student Ambassadors** will have their first meeting with Mr. Oleson in his classroom on Wednesday, Oct. 10 during Norse Strong time after attendance and announcements have been completed. Please bring a pen or pencil with you to the meeting!

**Athletic Pictures**

7<sup>th</sup>/8<sup>th</sup> Football - Monday, Oct. 15<sup>th</sup>(right after school)

**Start Dates for Winter Sports:** (Sign up sheets are located in the office. Physicals and acknowledgement forms must be up to date in order to participate.)

**Girls' Basketball-** October 22

**Wrestling-** October 22

**Boys' Basketball-** After Christmas Break

**Roland Rural Bus Room-Bus room is located in Mrs. Brouwer's Room until October 19<sup>th</sup>.**

**Quote of the week:**

"Greatness is never born from easy circumstances. We can become stronger when the world becomes harder."

-Erwin McManus

**R-S MS Practice/Bus Schedule**

**Monday 10/8**

7 <sup>th</sup> /8 <sup>th</sup> Football Practice	3:30
7 <sup>th</sup> Volleyball @ Gilbert	4:30 Bus leaves at 3:45
8 <sup>th</sup> Volleyball vs. Gilbert	4:30
7 <sup>th</sup> /8 <sup>th</sup> CC Meet @ Jefferson	4:00 Bus leaves at 2:15. Athletes dismissed at 2:05.

Shuttle will pick up Football in Roland at 5:30 and drop off in Story City.

**Tuesday 10/9**

7 <sup>th</sup> /8 <sup>th</sup> Football Practice	3:30
7 <sup>th</sup> /8 <sup>th</sup> Volleyball End of Year Party	3:30

Shuttle bus will pick up Volleyball in Roland at 5:15 and drop off in Story City. Shuttle will pick up 7<sup>th</sup>/8<sup>th</sup> Football in Roland at 5:30 and drop off in Story City.

**Wednesday 10/10**

No Practices – Early Out

**Thursday 10/11**

7 <sup>th</sup> Football vs. Gilbert	4:30
8 <sup>th</sup> Football @ Gilbert	4:30 Bus leaves at 3:40
No Shuttle Needed	

**Friday 10/12**

No Practices