

ROLAND-STORY MIDDLE SCHOOL
Monday, January 7, 2019 #083

TODAY'S LUNCH

Rib sandwich, scalloped potatoes, fruit cocktail, peas

1-8-19 BREAKFAST

Bfst bar, apple slices, granola bar, milk, juice

1-8-19 LUNCH

Cheeseburger, potato smiles, corn, applesauce

Roland Rural Bus Room will be located in Ms. Bader's room TODAY through January 18th in the band room.

Students-DO NOT THROW SNOWBALLS or ICE at any time.

New lunch helpers will begin on January 17th.

Students-You are NOT allowed to share food at lunch per state law. Also, you are NOT allowed to purchase ala carte for anyone other than you. Please follow these rules.

Student Ambassadors: Meetings will be in Mr. Oleson's office during lunch:

- 7th Grade: Monday, January 7
- 8th Grade: Tuesday, January 8
- 6th Grade: Tuesday, January 8
- 5th Grade: Thursday, January 10

Quote of the week:

“Climbing mountains is difficult, costly, and dangerous. And if offered the choice between difficult, costly, and dangerous, or safe, cheap, and comfortable, most people will choose the second option. But if you want to become great, you must consistently be willing to do what others will not.”

From the Book Chop Wood Carry Water

R-S MS Practice/Bus Schedule

Monday 1/7

7th/8th Boys Basketball Practice 3:30

Shuttle will pick up 7th/8th Boys Basketball in Roland at 5:45 and drop off in Story City.

Tuesday 1/8

7th/8th Boys Basketball Practice 3:30

Shuttle will pick up 7th/8th Boys Basketball in Roland at 5:45 and drop off in Story City.

Wednesday 1/9

7th/8th Boys Basketball Practice 3:30

Shuttle will pick up 7th/8th Boys Basketball in Roland at 5:45 and drop off in Story City.

Thursday 1/10

7th/8th Boys Basketball Practice 3:30

Shuttle will pick up 7th/8th Boys Basketball in Roland at 5:45 and drop off in Story City.

Friday 1/11

7th/8th Boys Basketball Practice 3:30

Shuttle will pick up 7th/8th Boys Basketball in Roland at 5:45 and drop off in Story City.