

**ROLAND-STORY MIDDLE SCHOOL
WEDNESDAY, AUGUST 29, 2018 #003**

TODAY'S LUNCH

Ham and Cheese, Tator Tots, pears, cooked carrots

8-30-18 BREAKFAST

Pancake sticks, orange slices, juice, milk

8-30-17 LUNCH

Pork rib sandwich, scalloped potatoes, fruit cocktail

Mandatory Fall Sports Parent Meeting @ RSMS South Gym 5:30 TONIGHT

Schedule Changes - If you want to change your schedule you need to follow this procedure:

1. Bring a note from your parents.
 2. Get an add/drop form from Mr. Oleson.
 3. Get a signature from the class you are adding.
 4. Get a signature from the class you are dropping.
 5. Turn the finished form into Mr. Town for approval.
- (This does not apply to required classes. I will not change those classes.)

Lunchroom Reminders:

1. Enter the lunchroom the same as in the past, but go along the **west**wall. Pick up your tray, food, and then punch your number in last.
2. There is a refrigerator in the kitchen for you to use for your sack lunches Please bring them in before school.
3. There are two microwaves in the KITCHEN for you to use for warming up your lunches.

Lunch Room Helpers through September 20th: Jazminne Holmes, Lillian Griffin, Kathyne Arthur, and Kennedy Petersen

7th and 8th graders-During the school day please do not go through the 5th and 6th grade hallway. However, you may use the hallway going to and from the buses.

ALL STUDENTS: PLEASE WAIT UNTIL 8:15 AM TO COME INTO THE OFFICE FOR HELP WITH ANYTHING UNLESS YOU ARE SICK, HAVE AN INJURY, OR NEED MEDICINE! Thank you!

All Students: Please be sure to check the main office window throughout the day for your name for any messages you may have.

All Students: Please remember any after-school plans or arrangements need to be made with parents before you come to school. If you are doing something different concerning riding buses, you must bring a note.

If you ride a bike to school, be sure to park your bike in the racks provided. This should be done at the elementary and high school buildings, as well as here at the middle school. Do not park bikes in the lot north of the building.

Reminder to those that ride to school with parents that our drop off is on the NORTH side of our building. Please use the sidewalks in this new area.

7th and 8th Grade Roland Rural Bus Room please report to Mr. STAKER's classroom at 3:30.

Mock Trial: 7th and 8th grade students who are interested in going out for mock trial please sign up in the office by September 7th.

Reminder to all students attending middle school and high school events: Please come to watch the event and **NOT** be running around. Remember to demonstrate the Norse Code positively cheering for both teams.

Activity Passes: If you would like to purchase an activity pass, please bring \$50.00 to the office. (Checks can be made out to Roland-Story School). The secretaries will punch your student ID card and that will serve as your pass to enter Norsemen activities.

Reminder to all students attending all middle school and high school events: Please come to watch the event and **NOT** be running around. Remember to demonstrate the Norse Code positively cheering for both teams.

Booster Club Apparel Order: We have new hats, cinch bags, and new shirt designs on the 2018 Booster Club order. Check them out! https://rsboosterclub18.itemorder.com/sale?read_message=true
Order deadline is this Wednesday 8/29. Orders will be delivered 3-4 weeks after the deadline. Homecoming shirts will for sure be in before the game.

PTO Meeting: The first PTO meeting is Thursday September 6th at 7:30 at the Middle School Library.

Quote of the week:

**"Folks are usually about as happy as they make their minds up to be. "
Abraham Lincoln**

FRIDAY NIGHT FOOTBALL EXPECTATIONS

Caring (for those around me), Responsible (for my actions), and Respectful (myself and others)

School spirit is important at the Roland-Story High School Athletic events. During home varsity football games in which the crowds are larger, issues may arise due to the large number of adults, elementary, middle school, and high school students. Our goal is to positively cheer our team on to a victory and to enjoy our time with family and friends. In order for this to occur and to help avoid any potential conflicts during the home Friday night football games, the following are guidelines that are expected to be followed:

1. No footballs or skateboards, etc. should be brought to the game.
2. Students are not allowed to stand, play games, or run around directly behind the home bleachers before, during, or after the game.
3. Students must remain in their seats until quarter breaks or halftime.
4. Students should either sit in the bleachers with their parents or at the very south end.
5. Students are expected to practice and follow our NORSE CODE.
6. Failure to follow these rules may result in a student being asked to sit with their parents or perhaps leave the game.
7. National Anthem-A reminder during this special presentation to BE QUIET, PLACE YOUR RIGHT HAND OVER YOUR HEART, STAND STILL AND FACE THE FLAG, AND SING IF YOU WOULD LIKE TO. This is a time for us to recognize all of those who have served our country and to be proud of the amazing country we are so fortunate to call home. It is OK to remind your classmates of these expectations during the National Anthem.

R-S MS Practice/Bus Schedule

Wednesday 8/29

7 th /8 th Football Practice	3:30
7 th /8 th Volleyball Practice	3:30
7 th /8 th Cross Country Practice	3:30

Shuttle bus will pick up Volleyball and Cross Country in Roland at 5:15 and drop off in Story City. Shuttle will pick up Football in Roland at 5:30 and drop off in Story City.

Mandatory Parent Meeting (All Fall Sports)@ RSMS South Gym 5:30

Thursday 8/30

7 th /8 th Football Practice	3:30
7 th /8 th Volleyball Practice	3:30
7 th /8 th Cross Country Practice	3:30

Shuttle bus will pick up Volleyball and Cross Country in Roland at 5:15 and drop off in Story City. Shuttle will pick up Football in Roland at 5:30 and drop off in Story City.

Friday 8/31

7 th /8 th Football Practice	3:30
7 th /8 th Volleyball Practice	3:30
7 th /8 th Cross Country Practice	3:30

Shuttle bus will pick up Volleyball and Cross Country in Roland at 5:15 and drop off in Story City. Shuttle will pick up Football in Roland at 5:30 and drop off in Story City.