

ROLAND-STORY NORSEMEN MORNING BULLETIN

Friday, August 23, 2019 #1 "A" Day

Welcome, students! Have a great first day!

This Week's Menu

Friday Breakfast: French Toast Sticks, Hash Brown Patty, Orange Slices, Milk

Friday Lunch: Norse Burger, Baked Beans, Watermelon, Steamed Mixed Vegetables, Milk

Monday Breakfast: Whole Grain Pancakes, Fresh Strawberries/Blueberries, Sausage Patty, Milk

Monday Lunch: Pork Rib on a Bun, French Fries, Fruit Cocktail, Green Beans, Milk

Tuesday Breakfast: Choice of Blueberry, Cinnamon Raisin or Plain Bagel, Cream Cheese or Peanut Butter, Grapes, Milk

Tuesday Lunch: Beef Taco, Black Beans, Spanish Rice, Fruit Salsa, Milk

Wednesday Breakfast: Breakfast Pizza, Pears, Milk

Wednesday Lunch: Grilled Chicken Salad, Whole Wheat Roll, Fresh Strawberries, Milk

Thursday Breakfast: Cold Cereal, Granola Bar, Peaches, Milk

Thursday Lunch: Turkey Sub, Chips, Mixed Vegetables, Fresh Kiwi, Milk

Friday Breakfast: Breakfast Bar, Fresh Banana, Milk

Friday Lunch: Spaghetti, Breadstick, Leafy Green Side Salad, Apple Slices, Milk

First Day Schedule

8:20-8:40	Auditorium
8:48-9:50	Seminar
9:55-10:25	1st period (DMACC Hunziker Consortium students to auditorium, DMACC Eng. 105/Spanish to IMC)
10:28-10:57	2nd period (DMACC on-line students to IMC)
11:00-11:29	3rd period (SCALE students to IMC)
11:29-11:52	A lunch (All Chorus students to Auditorium)
11:32-12:15	5th Period
11:32-11:52	5th SH1
11:52-12:15	B lunch
12:18-12:38	5th SH2
12:15-12:38	C lunch
11:55-12:38	5th period
12:41-1:21	4th period
1:24-2:04	6th period
2:07-2:47	7th period (Seniors to auditorium)
2:50-3:30	8th period (Juniors to auditorium)

Please remember to bring in your **signed** 1:1 Device Agreement to Seminar to receive a laptop. A copy of the 1:1 form can be found at www.rolandstory.school. From the High School site, click Handbook on the right-hand side, then print out the 1:1 Handbook Device Acknowledgement Form. This form must be completed by both student and parent/guardian and turned in before you will be allowed to take your computer home.

FROM THE OFFICE

ALL STUDENTS are expected to check their school email account throughout the day for messages from the office. All communication from the office will be via email. Students are also responsible to read the daily announcements which will be emailed and posted on both our website and on the wall outside the principal's office.

SEMINAR

August 28-Seminar: All students who are in Mr. Klett's ENG105 and Mrs. Lettow's FLS241 are required to come to the auditorium during seminar to register for college credit.

AUDITORIUM OPEN HOUSE

Our Auditorium will be open for the public to check out the new renovations this Saturday, August 24 from 9:00 to 11:00 am here at the high school.

FFA

There will be an "FFA meet and greet" Tuesday from 6 to 7 pm in the Ag Room. This is an opportunity to meet officers and find out about some of our leadership activities. Grilled hotdogs, chips and beverages will be available. Come anytime between 6 to 7.

FALL PLAY AUDITIONS

It's time for Fall Play auditions again!!!! Auditions for Romeo and Winifred will be Monday, August 26 through Thursday, August 29. Sign up sheets are in the Library. Audition packets are also in the Library. Please make sure you fully complete the audition packet and bring it with you to your group audition. Looking forward to seeing a great turn out. - McKim

Geeks, Musicians, and Theatre Types: Applications for ISU's OnStage program are available in D-F's room. This is an amazing opportunity to see performances at the ISU Center FOR FREE! Come find D-F in Room 212 for details.

ATHLETIC APPAREL ORDER

We have new items on the 2019 Athletic Web store. Check them out!
<https://rsboosterclub19.itemorder.com> Order deadline is Monday 9/2. Orders will be delivered 3-4 weeks after the deadline.

KEY CLUB

Any student interested in joining Key Club this year, please stop in Mrs. Lettow's room (103) for a membership form. Our first meeting will be Tuesday, September 10, at 7:55am.

COUNSELOR'S OFFICE

Golden Circle College Fair: For students grades 9-12th there will be over 150 college admission counselors and over 50 different employees, at the Iowa Center for Higher Education on Sunday, September 29. For more information: www.ICANsucceed.org/goldencircle

ATHLETIC ACTIVITIES FOR THE WEEK

Friday, Aug 23rd: Football Scrimmage at South Hardin High School – 9th-6:00 pm;
JV-6:45 pm; Varsity-7:30 pm

Monday 8/26

Varsity Volleyball Quadrangular @ Roland-Story North Gym 5:00 pm

Tuesday 8/29

JV/Varsity Cross Country Meet @ Iowa State University 4:45 pm

9th Grade Volleyball Quadrangular @ Roland-Story South Gym 5:00 pm

JV Volleyball Triangular @ Hampton-Dumont High School 6:00 pm

Friday 8/30

Varsity Football vs. Clarion-Goldfield-Dows 7:00 pm

Saturday 8/31

Varsity Volleyball Tournament @ Meskwaki High School 9:00 am

DATES TO REMEMBER

8/24 High School Auditorium Renovation Open House 9:00-11:00 am

9/2 Labor Day – No School

9/12 9-12 Big Buddies Mtg. 12:40; HS auditorium

9/29 Golden Circle College Fair