

March 2021

Roland-Story Elementary School

LUNCH



This institution is an equal opportunity provider.



Nutrition Tip: March is National Nutrition Month! To celebrate, try getting more creative in the kitchen and trying a new recipe or cuisine you haven't had before.

References: Academy of Nutrition & Dietetics

Monday

Pepperoni Pizza
Green Beans
Blueberries
Milk

1

Tuesday

Cheese Quesadilla
Sliced Apples
Baby Carrots
Milk

2

Wednesday

Chicken Strips
Broccoli Normandy
Peaches
Milk

3

Thursday

Chicken Alfredo
Bowtie Pasta
Breadstick
Broccoli
Pears
Milk

4

Friday

Fish Sticks
Sliced Carrots
Strawberries
Milk

5

Corndog
Mixed vegetables
Apricots
Milk

8

Turkey Tacos
Corn
Mango
Milk

9

Cheese Stuffed
Meatloaf w/ Ketchup
Mashed Potatoes
Peaches
Milk

10

Breaded Pork Patty
Baked Beans
Applesauce
Milk

11

3 Cheese Calzone
Romaine Salad
Pears
Milk

12

**SPRING BREAK
NO SCHOOL**

15

**SPRING BREAK
NO SCHOOL**

16

**SPRING BREAK
NO SCHOOL**

17

**SPRING BREAK
NO SCHOOL**

18

**SPRING BREAK
NO SCHOOL**

19

Cheeseburger
Fries
Pineapple Chunks
Milk

22

Crispito
Chips W/Cheese
Corn
Pears
Milk

23

Chicken and Gravy
Biscuit
Mashed Potatoes
Pears
Milk

24

Ham & Cheese Sub
Baby Carrots
Apple Slices
Milk

25

Fish Sandwich
Peas
Mixed Fruit
Milk

26

Crispy Chicken
Sandwich
Mandarin Oranges
Mixed Vegetables
Milk

29

Chicken Tacos
Green Beans
Peaches
Milk

30

Grilled Cheese
Chicken Noodle Soup
Applesauce Cup
Milk

31

**Milk offered daily:
White, Chocolate, and
Strawberry Skim Milk
White 1% Milk**

