

# OCTOBER 2021

## Roland-Story Elementary School

### LUNCH



This institution is an equal opportunity provider.



**October is National Apple Month.** Did you know that there are about 7,500 varieties of apples? Can you find a new variety of apple to try this month?



### MONDAY

### TUESDAY

### WEDNESDAY

### THURSDAY

### FRIDAY



**Milk offered daily:**  
White, Chocolate, and Strawberry Skim Milk  
White 1% Milk

Corndog  
Mixed veggies  
Pineapple  
Milk

1

Pork Rib on a Bun  
Peas  
Mixed Fruit  
Milk

4

Chicken Fajitas  
Corn  
Pears  
Milk

5

Pepperoni Pizza  
Romaine Salad  
Applesauce  
Milk

6

French Toast Sticks  
Sausage Links  
Hash Brown  
Orange Slices  
Milk

7

Hot Ham & Cheese  
Sandwich  
Green Beans  
Peaches  
Milk

8

Sausage & Peperoni  
Calzone  
Romaine Salad  
Pears  
Milk

11

Walking Tacos  
Corn  
Applesauce  
Milk

12

Chicken Alfredo w/ Bowtie  
Pasta  
Breadstick  
Green Beans  
Grapes  
Milk

13

Chili  
Cinnamon Roll  
Apple Slices  
Milk

14

Cheesy Pull Apart Italian  
Cheddar and Garlic Bread  
Marinara  
Mandarin Oranges  
Milk

15

Chicken Strips  
Green Beans  
Pineapple  
Milk

18

Chicken & Cheese Quesadilla  
Corn  
Mango  
Milk

19

Meatloaf  
Mashed Potatoes  
Peaches  
Milk

20

Shredded Pork Sandwich  
Baked Beans  
Mixed Fruit  
Milk

21

Grilled Cheese  
Chicken Noodle Soup  
Baby Carrots  
Applesauce Cup  
Milk

22

**No  
School**

25

Crispito  
Chips w/Cheese  
Corn  
Mixed Fruit  
Milk

26

Orange Chicken  
Fried Rice  
Eggroll  
Steamed Broccoli  
Mandarin Oranges  
Milk

27

Chicken and Gravy  
Biscuit  
Mashed Potatoes  
Pears  
Milk

28

Beef Burgers  
Fries  
Peaches  
Milk

29