



**School Information:** Roland-Story CSD is an equal opportunity provider/employer.



**February is American Heart Month.** Keep your heart healthy by being active every day. Run, dance, walk the dog, climb stairs or play in the snow if you have it.

### MONDAY

**Milk offered daily:**  
White, Chocolate, and Strawberry Skim Milk  
White 1% Milk

### TUESDAY

Beef and Cheese Burrito **1**  
Mixed Vegetables  
Pears  
Milk

### WEDNESDAY

Pulled Pork Sandwich **2**  
Fries  
Peaches  
Milk

### THURSDAY

Spaghetti W/Meatballs **3**  
Breadstick  
Green Beans  
Applesauce  
Milk

### FRIDAY

Turkey and Cheese Sub **4**  
Baby Carrots  
Apple Slices  
Milk

Pull Apart Cheesy Southwest Queso **7**  
Green Beans  
Apricots  
Milk

Chicken & Cheese Quesadilla **8**  
Corn  
Blueberries  
Milk

Grilled Cheese Tomato Soup **9**  
Baby Carrots  
Apple Slices  
Milk

Country Fried Beef Strips w/ Country Gravy **10**  
Mixed Vegetables  
Mixed Fruit  
Dinner Roll  
Milk

Macaroni and Cheese **11**  
Fish Sticks  
Peas  
Applesauce  
Milk

Cheese Pizza **14**  
Mixed Vegetables  
Pears  
Red Velvet Cookie  
Milk

Walking Tacos **15**  
Corn  
Peaches  
Milk

Orange Chicken Brown Rice **16**  
Green Beans  
Mandarin Oranges  
Milk

Pork Rib Sandwich **17**  
Fries  
Mixed Fruit  
Milk

**No School 18**

Popcorn Chicken **21**  
Green Beans  
Mixed Fruit  
Milk

Chicken Fajitas **22**  
Black Beans  
Peaches  
Milk

Chili Cinnamon Roll **23**  
Corn  
Apricots  
Milk

Sloppy Joe **24**  
Fries  
Pears  
Milk

Corndog **25**  
Sliced Carrots  
Applesauce  
Milk

Hot Ham & Cheese Sandwich **28**  
Green Beans  
Mandarin Oranges  
Milk

