

JANUARY 2022

Roland-Story Elementary School

LUNCH



School Information: Roland-Story CSD is an equal opportunity provider/employer.



Nutrition Tip: Help with food waste by getting creative with leftovers and planning meals around the food you already have on hand.

Reference: Eat Right

MONDAY

NO SCHOOL

3

TUESDAY

Corndog
Mixed Veggies
Pineapple Chunks
Milk

4

WEDNESDAY

Pork Rib on a Bun
Peas
Mixed Fruit
Milk

5

THURSDAY

Calzone
Romaine Salad
Pears
Milk

6

FRIDAY

Hot Dogs
Green Beans
Peaches
Milk

7

Pizza
Romaine Salad
Pears
Milk

10

Walking Tacos
Corn
Applesauce
Milk

11

Turkey Sub Sandwich
Celery w/Ranch
Apple Slices
Milk

12

Meatballs
Mashed Potatoes w/Gravy
Mixed Fruit
Dinner Roll
Milk

13

Pork Rib on a Bun
Peas
Peaches
Milk

14

Crispy Chicken Sandwich
Sliced Carrots
Mandarin Oranges
Milk

17

Chicken Tacos
Black Beans
Applesauce
Milk

18

Cheeseburger
Green beans
Peaches
Milk

19

Chicken and Gravy
Biscuit
Mashed Potatoes
Pineapple
Milk

20

Cheesy Pull Apart Italian
Cheddar and Garlic Bread
Marinara
Apple Slices
Milk

21

Chicken Strips
Broccoli Normandy
Peaches
Milk

24

Taquito
Green Beans
Mandarin Oranges
Milk

25

Beef Burger
Fries
Pears
Milk

26

Beef Stew
Cinnamon Roll
Apple Slices
Milk

27

Grilled Chicken Sandwich
Green Beans
Pineapple
Milk

28

Cod Nuggets
Green Beans
Applesauce
Milk

31

Milk offered daily:
White, Chocolate, and
Strawberry Skim Milk
White 1% Milk

**Happy
New
Year
2022!!**

