

**ROLAND-STORY MIDDLE SCHOOL**  
**Monday, February 18, 2019 #109**

**WEEKLY LUNCH MENU**

**Monday-Chicken strips, potatoes/gravy, green beans, peaches**  
**Tuesday-Spaghetti, garlic bread, peas, apple sauce**  
**Wednesday-Taco day, refried beans, fruit cocktail**  
**Thursday-CN/Tomato soup, grilled cheese, pears, fresh fruit**  
**Friday-Sub sandwich, pretzels, corn, pineapple**

**WEEKLY BREAKFAST MENU**

**Monday-Bfst wrap, grapes, milk, juice**  
**Tuesday-Bfst bar, apple slices, granola bar, milk, juice**  
**Wednesday-Bfst pizza banana, milk, juice**  
**Thursday-Pancake sticks, orange slices, milk, juice**  
**Friday-Cereal, poptart, blueberries, juice**

**Roland Rural Bus Room** -Bus room report to Mrs. Petersen's room TODAY-March 1st.

**Students-DO NOT THROW SNOWBALLS or ICE at any time.**

**Roland Youth Softball:** Girls 1st-6th Grade Rec softball sign-ups are OPEN. Register Online today! Deadline is March 1st.  
<https://www.rolandyouthsports.com/2019-registration>

**PTO Elementary School Carnival – VOLUNTEERS NEEDED!**

Please click here [2019 ES Carnival Sign-up](#) to sign up for a volunteer shift during the Carnival! (February 22, 2019). Without you, the Carnival would not be possible! Proceeds will help support Roland-Story students through PTO-funds granted to teachers for classroom purchases, learning initiatives, and more. If you have any questions you can contact Jody Larson at [jilarsen@iastate.edu](mailto:jilarsen@iastate.edu) or by phone (515) 291-2475 or Jayne Lande at [jaynelande@gmail.com](mailto:jaynelande@gmail.com) or by phone (515) 689-6290

To sign up to volunteer visit <https://www.signupgenius.com/go/20foe4ca4ae2ba6f85-2019>

**Box Tops for Education:** We are currently collecting box tops until February 20. Please bring your Box tops to the collection container in our main office and help us earn some money for our school!

**Students:** Your backpacks are to be in your lockers at all times during the school day and not in the hallways. This is to protect your items from being stolen or damaged. Any questions see Mr. Town.

**7<sup>th</sup>/8<sup>th</sup> Choir Students:** If you have not yet turned in your \$10 robe cleaning fee, please do so soon. If you are not sure whether or not you have paid, please see Mrs. Berggren or Mrs. Kowalke. They have a list in the office.

**Roland-Story City Youth Baseball** is now accepting player registration for the 2019 Season. You may complete the online registration form at <https://centraliowarecleague.sportngin.com/northstory> Player registration will end February 15th. Registration fee for the year will be \$70 and can be paid online, just follow the instructions at the end of the registration form. All players will need to be born before August 31, 2010 to participate. We will also be looking for people to coach and umpire, if you are interested please use the same website and sign up as a volunteer! If you have any questions feel free to contact Scott Anthony at [scottranthony@gmail.com](mailto:scottranthony@gmail.com) You can also checkout our Facebook page at <https://www.facebook.com/NorthStoryCountybaseball>

**Students-You are NOT allowed to share food at lunch per state law. Also, you are NOT allowed to purchase ala carte for anyone other than you. Please follow these rules.**

**Quote of the week:**

"Habits are the small decisions you make and the actions you perform every day."  
James Clear

**R-S MS Practice/Bus Schedule**

**Monday 2/18**

7<sup>th</sup> Boys Basketball vs. Gilbert 4:30

8<sup>th</sup> Boys Basketball @ Gilbert 4:30 Bus leaves at 3:35. Athletes dismissed at 3:25.

**Tuesday 2/19**

7<sup>th</sup> Boys Basketball @ Nevada 4:30 Bus leaves at 3:35. Athletes dismissed at 3:25.

8<sup>th</sup> Boys Basketball Practice 3:30

Shuttle will pick up 8<sup>th</sup> Boys Basketball in Roland at 5:45 and drop off in Story City.

**Wednesday 2/20**

7<sup>th</sup>/8<sup>th</sup> Boys Basketball Practice

3:30

Shuttle will pick up 7<sup>th</sup>/8<sup>th</sup> Boys Basketball in Roland at 5:45 and drop off in Story City.

**Thursday 2/21**

7<sup>th</sup> Boys Basketball vs. Saydel

4:30

8<sup>th</sup> Boys Basketball @ Saydel

4:30 Bus leaves at 3:15. Athletes dismissed at 3:05.

**Friday 2/22**

7<sup>th</sup> Boys Basketball @ South Hamilton

4:30 Bus leaves at 3:35. Athletes dismissed at 3:25.

8<sup>th</sup> Boys Basketball vs. South Hamilton 4:30