

ROLAND-STORY MIDDLE SCHOOL
Thursday, February 28, 2019 #115

WEEKLY LUNCH MENU
Thursday-Hot dogs, chili/cheese, fries, baked beans, applesauce
Friday- French Toast Sticks, Link Sausage, Hash brown, Applesauce

WEEKLY BREAKFAST MENU
Friday-Cereal, muffin, blueberries, juice

Roland Rural Bus Room -Bus room report to Mrs. Petersen's room.

Students-DO NOT THROW SNOWBALLS or ICE at any time.

7th/8th Grade Track Sign-Up Sheets are in the office. Track practices will begin after spring break. Athletic physicals must be up to date in order to participate.

Track Apparel Order: If you are planning on going out for track this spring the online apparel form can be ordered from until Friday night. The link for the form is https://rstrack19.itemorder.com/sale?read_message=true. The due date is TOMORROW, March 1st so we can have the apparel back the week after spring break.

Roland Youth Softball: Girls 1st-6th Grade Rec softball sign-ups are OPEN. Register Online today! Deadline is Friday, March 1st. <https://www.rolandyouthsports.com/2019-registration>

Softball Camp fliers for 5th and 6th grade softball players are available in the office or from their homeroom teacher. Camp will be Saturday, March 30th at the MS Gyms in Roland. Form also available at the HS Softball website: <http://tinyurl.com/norsesoftball>

Spring Baseball Apparel/Equipment Order - The annual RS Baseball spring order is now live, link below. Multiple apparel, equipment, and accessories are available. Orders due by 3/6 at midnight. Contact Coach Hill with questions. <https://rsbaseball19.itemorder.com/>

Students: Your backpacks are to be in your lockers at all times during the school day and not in the hallways. This is to protect your items from being stolen or damaged. Any questions see Mr. Town.

7th/8th Choir Students: If you have not yet turned in your \$10 robe cleaning fee, please do so soon. If you are not sure whether or not you have paid, please see Mrs. Berggren or Mrs. Kowalke. They have a list in the office.

Quote of the week:

If you want others to be happy, practice compassion. If you want to be happy, practice compassion. Dalai Lama