



This institution is an equal opportunity provider.



**Nutrition Tip:** Snacks can play an important role in meeting kids' nutrient needs. Choosing foods from all of the food groups will give them the energy they need between meals.

Reference: Eat Right

## Monday

French Bread Pizza **2**  
Romaine Salad  
Mixed Fruit  
Milk

## Tuesday

Cheesy Chicken **3**  
Burrito  
Black Beans  
Mango  
Milk

## Wednesday

Grilled Cheese w/Soup\* **4**  
\*Chicken Noodle or Tomato  
Baby Carrots  
Apple Slices  
Milk

## Thursday

Turkey and Cheese Sub **5**  
Mixed Vegetables  
Pineapple  
Goldfish Pretzels  
Milk

## Friday

**No School** **6**

Popcorn Chicken **9**  
Green Beans  
Mixed Fruit  
Milk

Crispito **10**  
Chips w/Cheese  
Corn  
Pears  
Milk

Soft Pretzel Cheese Sticks **11**  
Wisconsin Cheese Soup  
Romaine Salad  
Strawberries  
Milk

Cheeseburgers **12**  
Baked Beans  
Peaches  
Milk

Corndog **13**  
Fries  
Applesauce  
Milk

Pork Rib Sandwich **16**  
Broccoli Normandy  
Mixed Fruit  
Milk

Chili **17**  
Dinner Roll  
Corn  
Apricots  
Milk

Hot Dog **18**  
Peas  
Pears  
Sun Chips  
Milk

**Friendsgiving 2020** **19**  
Turkey  
Mashed Potatoes w/Gravy  
Green Bean Casserole  
Applesauce & Roll  
**Plus more dinner trimmings**

Meatball Sub **20**  
Fries  
Applesauce  
Milk

Chicken Parmesan on a Bun **23**  
Capri Veggies  
Strawberries  
Milk

Shredded Pork Nachos **24**  
Corn  
Mandarin Oranges  
Milk

Turkey & Bacon Pita **25**  
Baby Carrots  
Apple Slices  
Doritos  
Milk

**No School** **26**  
**HAPPY THANKSGIVING**

**No School** **27**

Cheese Pizza **30**  
Romaine Salad  
Pears  
Milk



**Milk offered daily:**  
White, Chocolate, and  
Strawberry Skim Milk  
White 1% Milk

