

ROLAND-STORY MIDDLE SCHOOL
Friday, March 1, 2019 #116

WEEKLY LUNCH MENU
Friday- French Toast Sticks, Link Sausage, Hash brown, Applesauce

WEEKLY BREAKFAST MENU
Friday-Cereal, muffin, blueberries, juice

Roland Rural Bus Room -Bus room report to Mrs. Petersen's room.

Students-DO NOT THROW SNOWBALLS or ICE at any time.

7th/8th Grade Track Sign-Up Sheets are in the office. Track practices will begin after spring break. Athletic physicals must be up to date in order to participate.

7th/8th Grade Boys' Basketball Players: JH basketball pictures forms are due to the office by Monday, March 4th.

Track Apparel Order: If you are planning on going out for track this spring the online apparel form can be ordered from until Friday night. The link for the form is https://rstrack19.itemorder.com/sale?read_message=true. The due date is TOMORROW, March 1st so we can have the apparel back the week after spring break.

Roland Youth Softball: Girls 1st-6th Grade Rec softball sign-ups are OPEN. Register Online today! Deadline is Friday, March 1st. <https://www.rolandyouthsports.com/2019-registration>

Softball Camp fliers for 5th and 6th grade softball players are available in the office or from their homeroom teacher. Camp will be Saturday, March 30th at the MS Gyms in Roland. Form also available at the HS Softball website: <http://tinyurl.com/norsesoftball>

Spring Baseball Apparel/Equipment Order - The annual RS Baseball spring order is now live, link below. Multiple apparel, equipment, and accessories are available. Orders due by 3/6 at midnight. Contact Coach Hill with questions. <https://rsbaseball19.itemorder.com/>

Spring PTO Book Fair Sign-Up: <https://www.signupgenius.com/go/10c0a49a8ae2aa4f94-rolandstory>

2019 RYS Skills Assessment Night

When: Thursday March 7th

Time: 6pm - 8pm

Where: Roland-Story Middle School Gym

Who should attend: 3rd-6th Grade softball players who have registered for RYS rec softball. Parents are encouraged to attend as well for a brief Introduction of coaches and short Q&A session. ALL COACHES (HEAD AND ASSISTANT) NEED TO ATTEND!

Details:

This is the night when coaches select teams in grades 3-6. We set up simple batting and fielding stations for the girls to demonstrate their softball skills (zero skill level required by the way). After skills assessment is complete players are dismissed and the coaches head to the war room to privately draft their teams for the season.

It is required that all 3rd-6th graders attend Skills Night in order to be placed on a team. NO Exceptions!

1st and 2nd grade coaches only need to attend to select their teams as this is not through a draft process. 1-2 grade coaches can arrive about 7:30 when the skills process is complete.

Students: Your backpacks are to be in your lockers at all times during the school day and not in the hallways. This is to protect your items from being stolen or damaged. Any questions see Mr. Town.

7th/8th Choir Students: If you have not yet turned in your \$10 robe cleaning fee, please do so soon. If you are not sure whether or not you have paid, please see Mrs. Berggren or Mrs. Kowalke. They have a list in the office.

Quote of the week:

If you want others to be happy, practice compassion. If you want to be happy, practice compassion. Dalai Lama