

**ROLAND-STORY MIDDLE SCHOOL  
FRIDAY, November 15th, 2019 #058**

**LUNCH**

Monday-Hot dog, mac and cheese, corn, pears  
Tuesday-Crispito, chips and cheese, seasoned carrots, mandarin oranges  
Wednesday-Potato soup, roll, mixed vegetables, banana  
Thursday-Chicken nuggets, curly fries, pineapple  
Friday-Pizza burger, green beans, mixed fruit

**BREAKFAST**

Monday-Ham breakfast bar, fruit  
Tuesday-Mini bagel with strawberry cream cheese, fruit  
Wednesday-Breakfast pizza, fruit  
Thursday-Sausage pancake stick, fruit  
Friday-Cereal, muffin, fruit

**Be GRATEFUL for TODAY!**

**7th and 8th grade girls basketball** pictures are scheduled for Tuesday, November 19th at 3:30.

**7th and 8th Grade Roland Rural Bus Room** please report to Mrs. Paulson's room at 3:30. You **MUST** check in with the teacher.

**General Music students:** Because of a scheduling issue between districts, Mr. Johnson moved Wednesday's class to Friday of this week. Friday 6th period you will report to Mr. Johnson's room for class.

**7th and 8th grade dance:** Thursday, November 21 from 7-9 pm. \$5 admission; snacks and leis will be for sale as well. Students are invited to dress in tropical attire for this Hawaiian-themed dance!

**2019 Angel Gift Program:** For more information on the Angel Gift Program or to find forms to apply as a recipient, please visit our website or stop by the middle school office. With questions, please contact Alyssa Loots at (515) 733-4386.

**Quote of the Week:**

"Always be a first-rate version of yourself, instead of a second-rate version of somebody else."  
Judy Garland

**R-S MS Practice/Bus Schedule**

**Friday 11/15**

7th Girls Basketball Practice 3:30  
8th Girls Basketball @ DSM Chrisitan 4:30 - Bus leaves at 3:05; athletes dismissed at 2:55  
7th/8th Wrestling Practice 3:30

Shuttle will pick up 7th Girls Basketball and Wrestling in Roland at 5:45 and drop off in Story City.