

**ROLAND-STORY MIDDLE SCHOOL
FRIDAY, October 25, 2019 #045**

LUNCH

Friday-Chili cheese dogs, fries, apple slices, peas

BREAKFAST

Friday-Sausage pancake stick, fruit

Be GRATEFUL for TODAY!

7th and 8th Grade Roland Rural Bus Room please report to Mrs. Paulson's room at 3:30. You **MUST** check in with the teacher.

The Roland-Story High School invites you to the 2019 fall play production of **"Romeo & Winifred"** by Charlie Lovett. Performances will be held on Friday, November 1 and Saturday, November 2 at 7:00p.m. at the Roland-Story High School auditorium. Advance tickets available Wednesday, October 16 at the Roland-Story High School office. All seats are \$5.00.

Junior High Wrestling practice will start on Tuesday, October 29th.

Norse Force Wrestling Registration 2019 - November 4th is the first night of practice. Registration forms can be picked up in the middle school office or visit https://stores.inksoft.com/norse_force_wrestling/shop/home

RS Baseball Annual Non-Sport Specific Apparel Order - The annual fall apparel order ran by the RS Baseball team is now live. There are over two dozen non-sport specific items. Some items include an option to purchase gear that celebrates our district's 50 years. With Christmas right around the corner these items are sure to make great gift ideas for family and friends in and out of the RS community. Orders will arrive prior to Christmas break. Orders can be placed online, <https://fancloth.shop/PFJUY>. If not wanting to do online orders hard copies of the catalog and order form can be found in the office. The online store closes Friday, 11/8. Contact Chris Hill at chill@roland-story.k12.ia.us with any questions.

2019 Angel Gift Program: For more information on the Angel Gift Program or to find forms to apply as a recipient, please visit our website or stop by the middle school office. With questions, please contact Alyssa Loots at (515) 733-4386.

From the Roland Public Library Friday and Saturday of this week the Roland Public Library will be hosting a special exhibit. The Life in the Arena Mobile Medical Museum will be open to the public and featuring interesting and unique items from over three centuries of medical care. If you like history, this is for you! This free exhibit will be on display from 10am-7pm on Friday and 10am-4pm on Saturday. There will be something for all ages to enjoy. We hope you can join us and learn about our country's unique medical history! For more information please contact the Roland Public Library.

The Haunted Library Escape Room will be held at the Roland Library on October 28th from 1-5pm. Half hour time slots are available for up to four people to come in and try to solve the mystery of the Haunted Library! Sign up soon to reserve your spot for this fun program. Please contact the library at 388-4086 with any questions or to sign up for a spot. We hope you can join us!

Premier Athlete Training will be offering another Strength/Speed/Agility Training opportunity for our 7th/8th grade Roland-Story students. Cost will be \$30 for 14 sessions on Tuesday and Friday mornings

from 6:30-7:15 at the high school. Second session will start November 1. Forms and checks need to be returned to the middle school office by Thursday, October 31. Forms can be printed on our website or picked up in the middle school office. Also, if you would like to receive **REMIND notifications** for Junior High Premier (including any potential weather-related schedule changes) follow these instructions: for push notifications on a smartphone, open this link on a web browser: rmd.at/ak4d78 ; for text notifications on a non-smartphone, text @ak4d78 to 81010.

Quote of the Week:

“Without continual growth and progress, such words as improvement, achievement, and success have no meaning.” Benjamin Franklin

R-S MS Practice/Bus Schedule

Friday 10/25

7th/8th Girls Basketball Practice 3:30

Shuttle will pick up 7th/8th Girls Basketball in Roland at 5:45 and drop off in Story City.