

**ROLAND-STORY MIDDLE SCHOOL**  
**WEDNESDAY, November 13th, 2019 #056**

**LUNCH**

Monday-Hot dog, mac and cheese, corn, pears  
Tuesday-Crispito, chips and cheese, seasoned carrots, mandarin oranges  
Wednesday-Potato soup, roll, mixed vegetables, banana  
Thursday-Chicken nuggets, curly fries, pineapple  
Friday-Pizza burger, green beans, mixed fruit

**BREAKFAST**

Monday-Ham breakfast bar, fruit  
Tuesday-Mini bagel with strawberry cream cheese, fruit  
Wednesday-Breakfast pizza, fruit  
Thursday-Sausage pancake stick, fruit  
Friday-Cereal, muffin, fruit

**Be GRATEFUL for TODAY!**

There are NO student ambassador meetings today during lunch.

**7<sup>th</sup> and 8<sup>th</sup> Grade Roland Rural Bus Room** please report to **Mrs. Alonzo's** room at 3:30. You MUST check in with the teacher.

**General Music students:** Because of a scheduling issue between districts, Mr. Johnson needs to move today's class to Friday of this week. Today (Wednesday, November 13) you will report to Mr. Stensland's room for study hall. Friday 6th period you will report to Mr. Johnson's room for class.

**7th and 8th grade dance:** Thursday, November 21 from 7-9 pm. \$5 admission; snacks and leis will be for sale as well. Students are invited to dress in a tropical theme for this Hawaiian dance!

**Norsemen Wrestling Apparel Order:** The online webstore for wrestling apparel is now open. Click on this [link](#) to view items and place orders. The webstore closes Nov 13 at midnight.

**2019 Angel Gift Program:** For more information on the Angel Gift Program or to find forms to apply as a recipient, please visit our website or stop by the middle school office. With questions, please contact Alyssa Loots at (515) 733-4386.

**From the Roland Library:** Magician Rick Eugene will be returning to the Roland Library for a special magic show this Wednesday November 13th at 1:30pm. This program is perfect for kids of all ages. We hope you'll join us for a magical afternoon!

**From the Bertha Bartlett Library:** How Well do You Know Bertha? Our Tween Team will use their powers of observation in a photo hunt challenge at the Bertha Bartlett Public Library, November 13, at 2 PM. Snack served! For grades 5 -7.

**Quote of the Week:**

"Always be a first-rate version of yourself, instead of a second-rate version of somebody else."  
Judy Garland

**R-S MS Practice/Bus Schedule**

**Wednesday 11/13**

7th/8th Girls Basketball Practice 1:30

Shuttle will pick up 7th/8th Girls Basketball in Roland at 3:45 and drop off in Story City.

**Thursday 11/14**

7th Girls Basketball vs. Greene County 4:30 - Bus leaves at 3:00; athletes dismissed at 2:50

8th Girls Basketball @ Greene County 4:30

7th/8th Wrestling @ South Hamilton 4:30 - Bus leaves at 3:15; athletes dismissed at 3:05

No Shuttle Needed

**Friday 11/15**

7th Girls Basketball Practice 3:30

8th Girls Basketball @ DSM Chrisitan 4:30 - Bus leaves at 3:05; athletes dismissed at 2:55

7th/8th Wrestling Practice 3:30

Shuttle will pick up 7th Girls Basketball and Wrestling in Roland at 5:45 and drop off in Story City.