

ROLAND-STORY MIDDLE SCHOOL
THURSDAY, November 14th, 2019 #057

LUNCH

Monday-Hot dog, mac and cheese, corn, pears
Tuesday-Crispito, chips and cheese, seasoned carrots, mandarin oranges
Wednesday-Potato soup, roll, mixed vegetables, banana
Thursday-Chicken nuggets, curly fries, pineapple
Friday-Pizza burger, green beans, mixed fruit

BREAKFAST

Monday-Ham breakfast bar, fruit
Tuesday-Mini bagel with strawberry cream cheese, fruit
Wednesday-Breakfast pizza, fruit
Thursday-Sausage pancake stick, fruit
Friday-Cereal, muffin, fruit

Be GRATEFUL for TODAY!

7th and 8th grade girls basketball pictures are scheduled for Tuesday, November 19th at 3:30.

7th and 8th Grade Roland Rural Bus Room please report to Mrs. Paulson's room at 3:30. You **MUST** check in with the teacher.

General Music students: Because of a scheduling issue between districts, Mr. Johnson moved Wednesday's class to Friday of this week. Friday 6th period you will report to Mr. Johnson's room for class.

7th and 8th grade dance: Thursday, November 21 from 7-9 pm. \$5 admission; snacks and leis will be for sale as well. Students are invited to dress in tropical attire for this Hawaiian-themed dance!

2019 Angel Gift Program: For more information on the Angel Gift Program or to find forms to apply as a recipient, please visit our website or stop by the middle school office. With questions, please contact Alyssa Loots at (515) 733-4386.

Quote of the Week:

"Always be a first-rate version of yourself, instead of a second-rate version of somebody else."
Judy Garland

R-S MS Practice/Bus Schedule

Thursday 11/14

7th Girls Basketball vs. Greene County 4:30 - Bus leaves at 3:00; athletes dismissed at 2:50
8th Girls Basketball @ Greene County 4:30
7th/8th Wrestling @ South Hamilton 4:30 - Bus leaves at 3:15; athletes dismissed at 3:05
No Shuttle Needed

Friday 11/15

7th Girls Basketball Practice 3:30
8th Girls Basketball @ DSM Chrisitan 4:30 - Bus leaves at 3:05; athletes dismissed at 2:55
7th/8th Wrestling Practice 3:30
Shuttle will pick up 7th Girls Basketball and Wrestling in Roland at 5:45 and drop off in Story City.