

**ROLAND-STORY MIDDLE SCHOOL  
MONDAY, December 2nd, 2019 #067**

**LUNCH**

Monday-Chicken and biscuits, mixed veggies, applesauce  
Tuesday-Chicken tacos, black beans, diced mango  
Wednesday-Cheeseburger, fries, peaches  
Thursday-Meatball sub, broccoli normandy, apricots  
Friday-Spaghetti and meatballs, bread stick, romaine salad

**BREAKFAST**

Monday-Ham breakfast bar, fruit  
Tuesday-French toast sticks, sausage, fruit  
Wednesday-Breakfast pizza, fruit  
Thursday-Sausage pancake stick, fruit  
Friday-Cereal, poptart, fruit

**Be GRATEFUL for TODAY!**

**Builder's Club Meeting**-Thursday, December 5th at 7:45 in Mr. Arp's room...all are welcome!

**7<sup>th</sup> and 8<sup>th</sup> Grade Roland Rural Bus Room** please report to Mr. Nelson's room at 3:30. You **MUST** check in with the teacher.

**7th and 8th Grade Basketball Skills Dates -- Time -- 3:45 - 5:15**

Monday, December 2  
Thursday, December 5  
Friday, December 13  
Monday, December 16

**8th Boys Basketball Players**-Coach Hovick will be handing out your uniforms during lunch/recess December 11th.

**5th, 6th, and 7th grade Student Ambassadors** will meet during lunch with Mr. Town and Mr. Arp on Wednesday.

**Quote of the Week:**

**"Intelligence is the ability to adapt to change." Stephen Hawking**

**R-S MS Practice/Bus Schedule**

**Monday 12/2**

7th/8th Boys Basketball Skills	3:30
7th Girls Basketball @ Gilbert	4:15 - Bus leaves at 3:30; athletes dismissed at 3:20
8th Girls Basketball vs. Gilbert	4:15
7th/8th Wrestling Practice	3:30

Shuttle will pick up 7th/8th Boys Basketball and Wrestling in Roland at 5:45 and drop off in Story City.

**Tuesday 12/3**

7th/8th Girls Basketball Practice	3:30
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7th/8th Wrestling @ Gilbert 4:30 - Bus leaves at 3:35  
Shuttle will pick up 7th/8th Girls Basketball in Roland at 5:45 and drop off in Story City.

**Wednesday 12/4**

7th/8th Girls Basketball Practice 3:30  
7th/8th Wrestling Practice 3:30

Shuttle will pick up 7th/8th Girls Basketball and Wrestling in Roland at 5:45 and drop off in Story City.

**Thursday 12/5**

7th Girls Basketball Practice 3:30  
8th Girls vs. South Hamilton 4:30  
7th/8th Wrestling Practice 3:30

Shuttle will pick up 7th Girls Basketball and Wrestling in Roland at 5:45 and drop off in Story City.

**Friday 12/6**

7th/8th Girls Basketball Practice 3:30  
7th/8th Wrestling @ Webster City 4:15 - Bus leaves at 3:00; athletes dismissed at  
2:50

Shuttle will pick up 7th/8th Girls Basketball in Roland at 5:45 and drop off in Story City.