

**ROLAND-STORY MIDDLE SCHOOL
TUESDAY, December 3rd, 2019 #068**

LUNCH

Monday-Chicken and biscuits, mixed veggies, applesauce
Tuesday-Chicken tacos, black beans, diced mango
Wednesday-Cheeseburger, fries, peaches
Thursday-Meatball sub, broccoli normandy, apricots
Friday-Spaghetti and meatballs, bread stick, romaine salad

BREAKFAST

Monday-Ham breakfast bar, fruit
Tuesday-French toast sticks, sausage, fruit
Wednesday-Breakfast pizza, fruit
Thursday-Sausage pancake stick, fruit
Friday-Cereal, poptart, fruit

Be GRATEFUL for TODAY!

Builder's Club Meeting-Thursday, December 5th at 7:45 in Mr. Arp's room...all are welcome!

7th and 8th Grade Roland Rural Bus Room please report to **Mr. Sheahan's** room at 3:30. You **MUST** check in with the teacher.

7th and 8th Grade Basketball Skills Dates -- Time -- 3:45 - 5:15

Friday, December 13

Monday, December 16

Friday, December 20 (1:30-3:00; immediately after early dismissal.)

8th Boys Basketball Players-Coach Hovick will be handing out your uniforms during lunch/recess December 11th.

5th, 6th, and 7th grade Student Ambassadors will meet during lunch with Mr. Town and Mr. Arp on Wednesday.

Quote of the Week:

"Intelligence is the ability to adapt to change." Stephen Hawking

R-S MS Practice/Bus Schedule

Tuesday 12/3

7th/8th Girls Basketball Practice 3:30

7th/8th Wrestling @ Gilbert 4:30 - Bus leaves at 3:35; athletes dismissed at 3:25

Shuttle will pick up 7th/8th Girls Basketball in Roland at 5:45 and drop off in Story City.

Wednesday 12/4

7th/8th Girls Basketball Practice 3:30

7th/8th Wrestling Practice 3:30

Shuttle will pick up 7th/8th Girls Basketball and Wrestling in Roland at 5:45 and drop off in Story City.

Thursday 12/5

7th Girls Basketball Practice 3:30

8th Girls vs. South Hamilton 4:30

7th/8th Wrestling Practice 3:30

Shuttle will pick up 7th Girls Basketball and Wrestling in Roland at 5:45 and drop off in Story City.

Friday 12/6

7th/8th Girls Basketball Practice 3:30

7th/8th Wrestling @ Webster City 4:15 - Bus leaves at 3:00; athletes dismissed at 2:50

Shuttle will pick up 7th/8th Girls Basketball in Roland at 5:45 and drop off in Story City.