

**ROLAND-STORY MIDDLE SCHOOL  
MONDAY, October 14, 2019 #036**

**LUNCH**

Monday-Grilled chicken sandwich, green beans, applesauce  
Tuesday-French bread pepperoni pizza, pineapple, broccoli normandy  
Wednesday-Hamburger, waffle fries, peaches, corn  
Thursday-Hot dog, chips, mixed veggies, apple slices (Mr. Patton Serving:))  
Friday-Sub sandwich, chips, pears, carrot coins

**BREAKFAST**

Monday-Sausage breakfast bar, fruit  
Tuesday-Whole grain pancakes, fruit  
Wednesday-Breakfast pizza, fruit  
Thursday-Sausage pancake stick, fruit  
Friday-Cereal, muffin, fruit

**Be GRATEFUL for TODAY!**

**Fall Sports Pictures**

**Volleyball** - Monday, Oct. 14th

**Football** - Monday, Oct. 21st

**Congratulations to the following students for being selected into the 2019 Opus Honor Choirs!**

Your hard work and dedication is to be commended!

**7<sup>th</sup> and 8<sup>th</sup> Grade Roland Rural Bus Room** please report to Mrs. Paulson's room at 3:30. You MUST check in with the teacher.

**Story City Parks & Recreation Basketball:** registration is now open! We offer basketball for Pre-K - 6<sup>th</sup> grade. Pre K & Kindergarten will play in Story City only and 1<sup>st</sup>-6<sup>th</sup> Grade will play within the Central Iowa Recreation League and travel to other area communities for games. For more information check out our website <https://www.cityofstorycity.org/parks-and-recreation/>

**2019 Angel Gift Program:** For more information on the Angel Gift Program or to find forms to apply as a recipient, please visit our website or stop by the middle school office. With questions, please contact Alyssa Loots at (515) 733-4386.

**From the Roland Library:** Attention students and parents too! Did you know the Roland Library has lots to do after school for school aged kids? LEGO Club meets Mondays from 4-5:30pm. There's plenty of time to build, and display your creations too! Creative Kids is a weekly craft and science program that meets Tuesdays beginning at 4pm. Create and tinker to your heart's content! Early out days are always great fun starting at 1:30pm with a different program every time. There's also a makerspace, places to do homework, meet with your friends, and so much more!

**Haunted High School** is Saturday October 19th from 8-10pm. Tickets will be for sale in the middle school office next week. Advanced tickets are \$5 plus \$2 for extra room. Tickets bought the night of Haunted High School will cost \$7 plus \$3 for extra room.

A ticket for a December event was found in the middle school office last Thursday, October 3. **If you misplaced a ticket, please contact the office to claim it.**

**Quote of the Week:**

“How wonderful it is that nobody need wait a single moment before starting to improve the world.” Anne Frank

**R-S MS Practice/Bus Schedule**

**Monday 10/14**

|   |  |
|---|--|
| 7 <sup>th</sup> /8 <sup>th</sup> Football @ Story City      | 4:30   |
| 7 <sup>th</sup> Volleyball Practice                         | 3:30   |
| 8 <sup>th</sup> Volleyball Pictures/Party                   | 3:30   |
| 7 <sup>th</sup> /8 <sup>th</sup> Cross Country @ North Polk | 4:00 - Bus leaves at 2:40; athletes dismissed at |

2:30

Shuttle will pick up 8th Volleyball and 7th Volleyball (white and silver) at 5:15 and drop off in Story City.  
Shuttle will pick up 7th Volleyball (Red and Black) in Roland at 5:35 and drop off in Story City.

**Tuesday 10/15**

|  |      |
|--|------|
| 7 <sup>th</sup> /8 <sup>th</sup> Football Practice | 3:30 |
| 7 <sup>th</sup> Volleyball @ Nevada                | 4:30 |

Shuttle will pick up Football in Roland at 5:30 and drop off in Story City.

**Wednesday 10/16**

|  |      |
|--|------|
| 7 <sup>th</sup> /8 <sup>th</sup> Football Practice | 3:30 |
|--|------|

Shuttle will pick up Football in Roland at 5:30 and drop off in Story City.

**Thursday 10/17**

|   |      |
|---|------|
| 7 <sup>th</sup> Football vs. Nevada           | 4:30 |
| 8 <sup>th</sup> Football @ Nevada             | 4:30 |
| 7 <sup>th</sup> Volleyball - Team Celebration | 3:30 |

**No Shuttle Needed**

**Friday 10/18**

**No Practices - No Shuttle Needed**