

**ROLAND-STORY MIDDLE SCHOOL  
TUESDAY, October 8, 2019 #032**

**LUNCH**

Tuesday-Cheese quesadilla, peaches, carrots and celery sticks  
Wednesday-Chicken parmesan, waffle fries, pear  
Thursday-Vegetable beef soup, roll, apple, cucumber slices  
Friday-Rib sandwich, seasoned carrots, banana

**BREAKFAST**

Tuesday-Egg and cheese burrito, fruit  
Wednesday-Breakfast pizza, fruit  
Thursday-Sausage pancake stick, fruit  
Friday-Cereal, granola bar, fruit

**Be GRATEFUL for TODAY!**

**Fall Sports Pictures**

**Volleyball** - Monday, Oct. 14th

**Football** - Monday, Oct. 21st

**7<sup>th</sup> and 8<sup>th</sup> Grade Roland Rural Bus Room** please report to Mrs. Alonzo's room at 3:30. You **MUST** check in with the teacher.

**Congrats to the following students who were accepted into the SCIBA Honor Band this year!**

Accepted students and parents will be receiving more information later this week.

**Story City Parks & Recreation Basketball:** registration is now open! We offer basketball for Pre-K - 6<sup>th</sup> grade. Pre K & Kindergarten will play in Story City only and 1<sup>st</sup>-6<sup>th</sup> Grade will play within the Central Iowa Recreation League and travel to other area communities for games. For more information check out our website <https://www.cityofstorycity.org/parks-and-recreation/>

**Roland-Story MAST** will host a Scrumptious Cinnamon Roll Fundraiser Saturday, October 12 from 8:00-10:00 am at the Yellow Cup Café. For just \$7/plate, you get 2 cinnamon rolls, 2 sausages and your choice of apple juice or orange juice. To-go boxes are available. Cash or check only, please. All proceeds benefit the elementary school, middle school and high school fine arts programs of the Roland-Story Community School District.

**2019 Angel Gift Program:** For more information on the Angel Gift Program or to find forms to apply as a recipient, please visit our website or stop by the middle school office. With questions, please contact Alyssa Loots at (515) 733-4386.

Challenge yourself with creative construction, critical thinking, and messy marshmallow mayhem at the **Bertha Bartlett Public Library Tween Team program**, Wednesday, October 9, at 2 PM. For grades 5 - 7. Snacks served!

**From the Roland Library:** Attention students and parents too! Did you know the Roland Library has lots to do after school for school aged kids? LEGO Club meets Mondays from 4-5:30pm. There's plenty of time to build, and display your creations too! Creative Kids is a weekly craft and science program that meets Tuesdays beginning at 4pm. Create and tinker to your heart's content! Early out days are always

great fun starting at 1:30pm with a different program every time. There's also a makerspace, places to do homework, meet with your friends, and so much more!

This Wednesday will be a Pokemonpalooza at the Roland Public Library! Pokemon crafts and activities for fans of all ages! You don't have to be a Pokemon lover to attend this program. The event starts at 1:30pm in the library programming room.

**Quote of the Week:**

"The best way to find yourself is to lose yourself in the service of others." Mahatma Gandhi

**R-S MS Practice/Bus Schedule**

**Tuesday 10/8**

7 <sup>th</sup> /8 <sup>th</sup> Football Practice	3:30	
7 <sup>th</sup> /8 <sup>th</sup> Volleyball Practice		3:30
7 <sup>th</sup> /8 <sup>th</sup> Cross Country Practice	3:30	

Shuttle bus will pick up Volleyball and Cross Country in Roland at 5:15 and drop off in Story City. Shuttle will pick up Football in Roland at 5:30 and drop off in Story City.

**Wednesday 10/9**

7 <sup>th</sup> Football Practice	1:30	
8 <sup>th</sup> Football (No Practice)		
7 <sup>th</sup> Volleyball Practice	1:30	
8 <sup>th</sup> Volleyball (No Practice)		
7 <sup>th</sup> /8 <sup>th</sup> Cross Country (No Practice)		

Shuttle bus will pick up Volleyball and Football in Roland at 3:30 and drop off in Story City.

**Thursday 10/10**

7 <sup>th</sup> Football @ Greene County	4:30	- Bus leaves at 2:50; athletes dismissed at 2:40
8 <sup>th</sup> Football vs. Greene County	4:30	
7 <sup>th</sup> Volleyball @ Prairie City	4:30	- Bus leaves at 2:50; athletes dismissed at 2:40
8 <sup>th</sup> Volleyball vs. PCM	4:30	
7 <sup>th</sup> /8 <sup>th</sup> Cross Country @ Jewell	4:15	- Bus leaves at 3:00; athletes dismissed at 2:50

**No Shuttle Needed**

**Friday 10/11**

7 <sup>th</sup> /8 <sup>th</sup> Football Practice	3:30	
7 <sup>th</sup> Volleyball Practice	3:30	
7 <sup>th</sup> /8 <sup>th</sup> Cross Country Practice	3:30	

Shuttle bus will pick up Volleyball and Cross Country in Roland at 5:15 and drop off in Story City. Shuttle will pick up Football in Roland at 5:30 and drop off in Story City.