

**ROLAND-STORY MIDDLE SCHOOL
MONDAY, DECEMBER 14th, 2020 #076**

TODAY'S LUNCH

Monday-Pepperoni pizza, romaine salad, applesauce
Tuesday-Quesadilla, grapes, carrots
Wednesday-Chicken and Gravy, biscuit, mashed potatoes, strawberries
Thursday-Cheeseburger, corn, peaches, chips
Friday-Chicken strips, mixed veggies, apple slices

BREAKFAST

Monday-Ham breakfast bar, fruit
Tuesday-Mini cinnamon rolls, fruit
Wednesday-Breakfast pizza, fruit
Thursday-Sausage pancake stick, fruit
Friday-Cereal, poptart, fruit

Hey RSMS students!! Just a reminder to have fun, follow the Norse Code and come to school each day Ready to Learn! We have the privilege of attending an amazing school so be grateful each and every day and have pride in our building.

Wednesday is a 2 hour early dismissal.

All 5th, 6th, 7th and 8th grade students can start bringing their band instruments home this week once you are finished with your final lesson! It is an expectation that all band instruments go home as winter break would be a great time to clean them!

7th grade basketball team meeting immediately after school Wednesday in Mrs. Paulson's room. All team members should attend. We will be done at 3:00. Shuttle at 3:05.

Wrestling and Girls BB pictures are rescheduled for Tuesday, December 22 right after school (1:15 early dismissal).

7th and 8th Grade Roland Rural Bus Room please report to **Mrs. Clapper's** room at 3:30.

**R-S MS PRACTICE / SHUTTLE SCHEDULE
GIRLS BASKETBALL & WRESTLING
DECEMBER 14 - DECEMBER 18**

**G BASKETBALL & WRESTLING -- SHUTTLE @ 5:45 (No AM Shuttle)
B BASKETBALL SKILLS -- SHUTTLE @ 5:15
1:15 DISMISSAL DAYS -- G BASKETBALL SHUTTLE @ 3:45**

MONDAY, DECEMBER 14 -- Shuttle @ 5:45
G Basketball -- 3:40 - 5:30
Wrestling -- 3:45 - 5:30

TUESDAY, DECEMBER 15 -- Shuttle @ 5:45
G Basketball -- 7th vs. BCLUW (H) 4:30
8th @. S. Hardin (Hubbard) 4:15
Dismiss @ 3:20 / Bus @ 3:30
Wrestling -- 3:45 - 5:30

WEDNESDAY, DECEMBER 16 -- Early Dismissal -- Shuttle @ 3:05 and 3:45

G Basketball -- 1:25 - 3:30

B Basketball -- 7th Team Meeting 1:15 - 3:00

Wrestling -- 6:15 - 7:30 a.m.

THURSDAY, DECEMBER 17 -- Shuttle @ 5:15 and 5:45

G Basketball -- 7th vs. Nevada (H) 4:30

8th @ Nevada (Central Elementary) 4:30

Dismiss @ 3:25 / Bus @ 3:35

B Basketball Skills -- 3:40 - 5:00

Wrestling -- 3:45 - 5:30

FRIDAY, DECEMBER 18 -- No Shuttle

G Basketball -- 8th vs. Kuemper Catholic (H) 4:30

7th @ Gilbert 4:15

Dismiss @ 3:25 / Bus @ 3:35

Wrestling -- 7th-8th @ Boone

Dismiss @ 3:10 / Bus @ 3:20

Quote of the Week:

Perfection is not attainable, but if we chase perfection we can catch excellence. Vince Lombardi