

**ROLAND-STORY MIDDLE SCHOOL  
MONDAY, OCTOBER 19th, 2020 #040**

***TODAY'S LUNCH***

Monday-Chicken strips, broccoli normandy, peaches  
Tuesday-Chicken tacos, corn, diced mango  
Wednesday-Meatball sub, peas, mixed fruit  
Thursday-Teriyaki chicken, rice, egg roll, veggies, mandarin oranges  
Friday-Sloppy Joe sandwich, fries, peaches

***BREAKFAST***

Monday-Ham breakfast bar, graham crackers, fruit  
Tuesday-Turkey bacon egg and cheese biscuit,, fruit  
Wednesday-Breakfast pizza, fruit  
Thursday-Sausage pancake stick, fruit  
Friday-Cereal, graham crackers,, fruit

**Hey RSMS students!!** Just a reminder to have fun, follow the Norse Code and come to school each day Ready to Learn! We have the privilege of attending an amazing school so be grateful each and every day and have pride in our building.

**School picture retakes** will be on Thursday, October 29.

**Cross country team members**, please wash your jersey and return it to the middle school office this week and pick up a copy of the conference cross country meet results.

**7-8 Girls Basketball** -- Official practice will begin on Wednesday, October 21 immediately after school. There will be optional open gym/skills sessions on Monday, October 19 and Tuesday, October 20. More information on the open gym/skills sessions will be handed out to players next week. You must have a current physical and have all your forms handed in to the MS office in order to participate.

**Wrestling** will begin on Tuesday, October 27 immediately after school. Wrestlers need a t-shirt, shorts, and wrestling shoes for practice. Headgear will be provided or you may provide your own. You must have a current physical and have all your forms handed in to the MS office in order to participate.

**7<sup>th</sup> and 8<sup>th</sup> Grade Roland Rural Bus Room** please report to Mrs. Kentner's room at 3:30.

**2020 Angel Gift Program:** For more information on the Angel Gift Program or to find forms to apply as a recipient, please visit our website or stop by the middle school office. With questions, please contact Alyssa Loots at (515) 733-4386.

**RSMS to offer "Skip the Trip" Iowa DOT instruction permit knowledge tests**

Do you have a student who is ready to take the operator knowledge test to get an Iowa instruction permit to drive? RSMS is now offering the test right here at school as part of the Iowa Department of Transportation's "Skip the Trip" program. In partnering with the Iowa DOT, RSMS can save families time, cost, and the hassle of making a trip to a driver's license service center for testing. Students will be able to take the web-based test in a more familiar environment that works to reduce test anxiety and increase success rates. Tests are overseen by trained school staff to assure the integrity of test results. To be eligible to take the remote knowledge test, your student must be age 14 or older and not currently hold an Iowa instruction permit. Students that have turned 14 prior to the testing date must sign up in the office and have permission given from their parent by either email or phone. Students will have the opportunity to test on the second Tuesday of each month. "Skip the Trip" allows students to take their initial test at school as the first step in getting your student to be a confident driver. Once a student has successfully passed the test, the student will receive an email verifying a successful test. The student

brings a copy of the email to the driver's license service center along with the other required documentation that will prove their identity to be issued their instruction permit. Service center staff will verify passing test result emails with Iowa DOT records. Visit [www.iowadot.gov/mvd/realid/success.asp](http://www.iowadot.gov/mvd/realid/success.asp) to determine what documentation to bring with you to receive your student's permit. To prepare for a successful knowledge test, students should study the Iowa Driver's Manual and online practice test, both available at: <https://iowadot.gov/mvd/driverslicense/manuals-and-practice-tests>.

**Quote of the Week:**

**"Believe you can and you're halfway there."**

**Theodore Roosevelt**

**R-S MS PRACTICE / SHUTTLE SCHEDULE  
OCTOBER 19 - OCTOBER 23**

**GIRLS BASKETBALL SHUTTLE**

SKILLS DAYS -- MONDAY & TUESDAY ONLY @ 5:15

EARLY DISMISSAL DAYS -- SHUTTLE @ 3:45

NORMAL PRACTICE DAYS -- SHUTTLE @ 5:45

FOOTBALL -- SHUTTLE @ 5:30 P.M.

**MONDAY, OCTOBER 19 --**

G Basketball Skills -- 3:40 - 5:00

Football -- 3:45 - 5:20

**TUESDAY, OCTOBER 20 -- G BB Shuttle @ 5:15**

G Basketball Skills -- 3:40 - 5:00

Football -- 8th (H) / 7th @ Perry @ 4:15

7th Dismiss @ 2:20 / Bus @ 2:30

8th Dismiss @ 3:10 / Bus @ 3:20

**WEDNESDAY, OCTOBER 21 -- Early Dismissal -- Shuttle @ 3:45**

G Basketball -- 1:25 - 3:30

**THURSDAY, OCTOBER 22 -- Shuttle @ 5:45**

G Basketball -- 3:40 - 5:30

**FRIDAY, OCTOBER 23 -- Shuttle @ 5:45**

G Basketball -- 3:40 - 5:30