

**ROLAND-STORY MIDDLE SCHOOL
MONDAY, NOVEMBER 2nd, 2020 #049**

TODAY'S LUNCH

Monday-French bread pizza, romaine salad, mixed fruit
Tuesday-Cheesy chicken burrito, black beans, mango
Wednesday-Grilled cheese, tomato soup, carrots, mixed fruit
Thursday-Turkey and cheese sub, mixed vegetables, pineapple, goldfish pretzels
Friday-NO SCHOOL

BREAKFAST

Monday-Ham breakfast bar, fruit
Tuesday-French toast sticks, fruit
Wednesday-Breakfast pizza, fruit
Thursday-Sausage pancake stick, fruit
Friday-NO SCHOOL

Hey RSMS students!! Just a reminder to have fun, follow the Norse Code and come to school each day Ready to Learn! We have the privilege of attending an amazing school so be grateful each and every day and have pride in our building.

Monday is a 1 hour early dismissal.

Wednesday is a 2 hour early dismissal.

Thursday is a 1 hour early dismissal.

Friday is a NO SCHOOL Day.

MS Premier sessions will start next week on Tuesday. It will be on Tuesday and Thursday mornings at 6:20-7:05 AM. This is a time change from previous sessions.

Annual Baseball Fan Cloth Apparel Order - Once again the RS Baseball Program is offering multiple non sport specific apparel ranging from youth, womens and mens items. The apparel order is now live and closes November 12th. Items are sure to be great Christmas gifts, and will arrive prior to break. A new feature for 2020 is that orders will ship directly to your home, you will no longer need to wait for player delivery. Simply visit, <https://fancloth.shop/HQBJC>, pick your items and enter your mailing and payment information. Be sure to list a 7th-12th grade baseball player as they will get credit towards incentives for the number of items sold. All proceeds will go to the JH and HS baseball program. Paper copies of the catalog can be found in the office. Contact Chris Hill at chill@roland-story.k12.ia.us with any questions.

Wrestling apparel is now available! Wednesday, November 4th is the last day to place an order.

https://rswrestling203.itemorder.com/sale?read_message=true

7th and 8th Grade Roland Rural Bus Room please report to **Mrs. Dowling's** room at 3:30.

2020 Angel Gift Program: For more information on the Angel Gift Program or to find forms to apply as a recipient, please visit our website or stop by the middle school office. With questions, please contact Alyssa Loots at (515) 733-4386.

Quote of the Week:

"If you cannot do great things, do small things in a great way."
Napoleon Hill

**R-S MS PRACTICE / SHUTTLE SCHEDULE
OCTOBER 26 - OCTOBER 30**

**G BASKETBALL & WRESTLING -- SHUTTLE @ 5:45
(No AM Shuttle)**

1:15 DISMISSAL DAYS -- G BASKETBALL SHUTTLE @ 3:45

NOTE: 2:30 Dismissal Days -- G BB Shuttle @ 4:45

MONDAY, NOVEMBER 2 -- 2:30 Dismissal (P-T Conferences) G BB Shuttle @ 4:45

G Basketball -- 2:40 - 4:30

Wrestling -- 6:15 - 7:30 AM

TUESDAY, NOVEMBER 3

G Basketball -- 3:40 - 5:30

Wrestling -- 3:40 - 5:30

Wrestling Parent Meeting 5:30 in MS Art Room

WEDNESDAY, NOVEMBER 4 -- 1:15 Early Dismissal -- G BB Shuttle @ 3:45

G Basketball -- 1:25 - 3:30

Wrestling -- 6:15 - 7:30 AM

THURSDAY, NOVEMBER 5 -- 2:30 Dismissal (P-T Conferences)

G Basketball -- 8th vs. PCM (H) 4:30

7th @ PCM 4:30

Dismiss @ 2:30 / Bus @ 2:50

Wrestling -- 6:15 - 7:30 AM

FRIDAY, NOVEMBER 6 -- NO SCHOOL