

**ROLAND-STORY MIDDLE SCHOOL
THURSDAY, JANUARY 7th, 2021 #085**

TODAY'S LUNCH

Monday-No School
Tuesday-Taco quesadilla, corn, blueberries
Wednesday-Hot dog, fries, peaches
Thursday-Popcorn chicken, mixed vegetables, mixed fruit
Friday-Grilled cheese, tomato soup, carrots, apples

BREAKFAST

Monday-No School
Tuesday-Mini pancakes, fruit
Wednesday-Breakfast pizza, fruit
Thursday-Sausage pancake stick, fruit
Friday-Cereal, graham crackers, fruit

Hey RSMS students!! Just a reminder to have fun, follow the Norse Code and come to school each day Ready to Learn! We have the privilege of attending an amazing school so be grateful each and every day and have pride in our building.

7th and 8th Graders-Several HS students will be coming in during your lunchtime Thursday to talk to you about a J-term activity they are doing.

Attention 7th and 8th grade softball players-you will have a meeting on Wednesday, January 13th during your lunch times. You will meet in Ms. Handsaker's room.

Students-You must have on snow boots to play in the snow. There is NO throwing of snowballs or ice.

7th & 8th Grade Choir Students: Please turn your \$10 robe-cleaning fee into the office. Checks can be made out to Roland-Story Schools. Thank you!

7th and 8th Boys Basketball practice begins on Tuesday, January 5. This is the first day back to school in 2021. Players need shorts, basketball shoes, shirt, practice jersey, and water bottle each day.

AAU Volleyball information can be found on our website,
<https://rolandstory.school/middle-school#loaded>.

Builders Club will meet next Tuesday at 7:45 am.

7th and 8th Grade Roland Rural Bus Room please report to **Mrs. Petersen's** room at 3:30.

**R-S MS PRACTICE / SHUTTLE SCHEDULE
GIRLS BASKETBALL & WRESTLING
BOYS BASKETBALL SKILLS
JANUARY 4 - JANUARY 8**

**BOYS BASKETBALL SHUTTLE @ 5:45
WRESTLING SHUTTLE @ 5:45
1:15 DISMISSAL DAYS -- B BASKETBALL SHUTTLE @ 3:25**

THURSDAY, JANUARY 7

B Basketball -- 3:35 - 5:30

Wrestling -- 3:45 - 5:30

FRIDAY, JANUARY 8

B Basketball -- 3:35 - 5:30

Wrestling -- 6:15 - 7:30 a.m. (no a.m. shuttle)

Quote of the Week:

Inspiration comes from within yourself. One has to be positive. When you're positive, good things happen. Deep Roy