

**ROLAND-STORY MIDDLE SCHOOL  
THURSDAY, September 23, 2021 #023**

**TODAY'S LUNCH**

Monday-Cheese pizza, romaine salad, pears  
Tuesday-Chicken and cheese quesadillas, corn, mixed fruit  
Wednesday-Chili cheese dog, mixed vegetables, peaches  
Thursday-Turkey bacon flatbread, crackers, baby carrots, orange slices,  
Friday-Cod nuggets, green beans, applesauce

**BREAKFAST**

Monday-Ham breakfast bar, graham crackers, fruit  
Tuesday-Sausage egg and cheese biscuit, fruit  
Wednesday-Breakfast pizza, fruit  
Thursday-Sausage pancake stick, fruit  
Friday-Cereal, muffin, fruit

Just a reminder to have fun, follow the Norse Code and come to school each day Ready to Learn! We have the privilege of attending an amazing school so be grateful each and every day and have pride in our building.

**FACE PAINTING**-HS student council will now be to the MS on Thursday during lunches and NOT on Friday.

**Homecoming Week 2021**

**Monday:** Jersey Day - Wear your favorite team or player's jersey

**Tuesday:** Hawaiian Day - Wear your best Hawaiian outfit

**Wednesday: USA Spirit Day** - Show your patriotic spirit with your best American outfit

**Thursday: Why is This in My Closet? Day** - Wear your most ridiculous outfit from your closet, or maybe your mom's closet

**Friday: Norsemen Spirit Day!** - Wear your best Norsemen gear to cheer on the teams Friday night! GO NORSE!

**ALL STUDENTS:** PLEASE WAIT UNTIL 8:15 AM TO COME INTO THE OFFICE FOR HELP WITH ANYTHING UNLESS YOU ARE SICK, HAVE AN INJURY, OR NEED MEDICINE! Thank you!

**Student Ambassador meeting** Wednesday, September 29 during lunches in Mrs. Handsaker's classroom.

**RSMS School Picture Day** is Thursday, September 30th.

**Parks & Recreation Basketball 2021-2022 Season** - Registration Deadline: Friday, October 1<sup>st</sup>. Cost: Pre K-Kinder: \$35 (includes t-shirt); 1<sup>st</sup>-6<sup>th</sup> Grade With Jersey \$55.00/participant (includes reversible white/red jersey), Without Jersey \$45.00/participant (participant already has required reversible jersey). Check out our website for more information: <https://cityofstorycity.org/parks-and-recreation/>

**All Students:** Please be sure to check the main office window throughout the day for your name for any messages you may have.

**Premier Athlete Training** for 7th and 8th grade students has begun and will take place Tuesday and Friday mornings from 6:15 to 7:05. The information/registration form can be found on our middle school website or picked up in the office.

**Mock trial** will be Mondays and Wednesdays at 7:00 a.m. in room 123 across from the office.

**Concessions workers needed!** In order to have Concessions for Home Middle School Volleyball games, we need two 7th or 8th grade students to sign up to work. Time frame is 4:15 to approximately 6:15-6:30. Please sign up on the sheet in the office. Your help is greatly appreciated.

**7<sup>th</sup> and 8<sup>th</sup> Grade Roland Rural Bus Room** please report to Mrs. Paulson's room at 3:30.

**Reminder to all students attending middle school and high school events:** Please come to watch the event and NOT be running around. Remember to demonstrate the Norse Code positively cheering for both teams.

**Quote of the Week:**

"When we choose to respond to challenges and adversity in a positive way, we create stories worth telling." Unknown

**R-S MS PRACTICE / SHUTTLE SCHEDULE  
CROSS COUNTRY, FOOTBALL, VOLLEYBALL  
SEPTEMBER 20 - SEPTEMBER 24  
CROSS COUNTRY & VOLLEYBALL -- SHUTTLE @ 5:15 P.M.  
FOOTBALL -- SHUTTLE @ 5:35 P.M.**

**THURSDAY, SEPTEMBER 23 -- Football Shuttle ONLY -- 5:35 Departure**

Cross Country	@ RS -- River Bend Golf Course
	Ride SC route bus to HS and walk to course for meet
Football	3:45 – 5:20
Volleyball	7th @ Greene Co. MS / 8th vs. Greene Co. (H) 4:30
	7th -- Dismiss @ 2:45 / Bus @ 2:55

**FRIDAY, SEPTEMBER 24**

Cross Country	No Practice
Football	3:45 – 5:20
Volleyball	3:45 – 5:05