

**ROLAND-STORY MIDDLE SCHOOL
WEDNESDAY, September 8, 2021 #012**

TODAY'S LUNCH

**Wednesday-Ham and cheese sub, carrots, pineapple
Thursday-Chicken and gravy, biscuit, mashed potatoes, grapes
Friday-Beef burgers, fries, mixed fruit**

BREAKFAST

**Wednesday-Breakfast pizza, fruit
Thursday-Sausage pancake stick, fruit
Friday-Cereal, muffin, fruit**

Just a reminder to have fun, follow the Norse Code and come to school each day Ready to Learn! We have the privilege of attending an amazing school so be grateful each and every day and have pride in our building.

ALL STUDENTS: PLEASE WAIT UNTIL 8:15 AM TO COME INTO THE OFFICE FOR HELP WITH ANYTHING UNLESS YOU ARE SICK, HAVE AN INJURY, OR NEED MEDICINE! Thank you!

All Students: Please be sure to check the main office window throughout the day for your name for any messages you may have.

Volleyball players: Here is your link to the online store if you are interested in ordering volleyball apparel this year. The online store closes on Friday, September 10th at 11:59 p.m.. Late orders will not be accepted. All orders will be delivered to the middle school. <https://rsmvolleyball21.itemorder.com/sale>

Cross Country runners: Here is your link to the online store if you are interested in ordering cross country apparel this year. The online store closes on Friday, September 10th at 11:59 p.m.. Late orders will not be accepted. All orders will be delivered to the middle school. <https://rsmcrosscountry.itemorder.com/sale>

Mock Trial: 7th and 8th graders, If you are interested in learning about our legal system, consider joining us in mock trial. Mock trial will give you opportunities to challenge yourself, while working as a team. The team will be investigating a case, as well as presenting the case as lawyers and witnesses in an academic competition. The sign up sheet is in the office with the final sign up date of September 3. We look forward to working with you! Mrs. Lyman, Mrs. Sirna, Mr. Klett **Mock trial will start Wednesday, September 8, at 7:00 in the morning. We will meet in the collaboration room 102.**

If you ride a bike to school, be sure to park your bike in the racks provided. This should be done at the elementary and high school buildings, as well as here at the middle school. Do not park bikes in the lot north of the building.

Student Drop-Off- Reminder to those that ride to school with parents that our drop off is on the NORTH side of our building. Please use the sidewalks in this new area.

7th and 8th Grade Roland Rural Bus Room please report to Mrs. Paulson's room at 3:30.

Reminder to all students attending middle school and high school events: Please come to watch the event and NOT be running around. Remember to demonstrate the Norse Code positively cheering for both teams.

Quote of the Week:

"The best thing to happen to you is ahead of you, not behind you" Unknown

**R-S MS PRACTICE / SHUTTLE SCHEDULE
CROSS COUNTRY, FOOTBALL, VOLLEYBALL
SEPTEMBER 6 - SEPTEMBER 10**

**CROSS COUNTRY & VOLLEYBALL -- SHUTTLE @ 5:15 P.M.
FOOTBALL -- SHUTTLE @ 5:35 P.M.**

MONDAY, SEPTEMBER 6 -- NO SCHOOL

TUESDAY, SEPTEMBER 7

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| Cross Country | 3:35 – 5:00 |
| Football | 3:45 – 5:15 |
| Volleyball | 7th vs. Gilbert (H) / 8th @ Gilbert 4:15 (changed from original time) 8th -- Dismiss @ 3:25 / Bus @ 3:15 |

**WEDNESDAY, SEPTEMBER 8 -- 1:15 DISMISSAL
NO PRACTICES**

THURSDAY, SEPTEMBER 9

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| Cross Country | 3:45 – 5:00 |
| Football | 8th vs. Nevada (H) 4:30 / 7th (H) 6:00 |
| Volleyball | 7th @ W. Marshall / 8th vs. W. Marshall (H) 4:30 7th -- Dismiss @ 3:15 / Bus @ 3:25 |

FRIDAY, SEPTEMBER 10

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| Cross Country | 3:45 – 5:00 |
| Football | 3:45 – 5:20 |
| Volleyball | 3:45 – 5:05 |