

**ROLAND-STORY MIDDLE SCHOOL  
MONDAY, OCTOBER 5th, 2020 #029**

***TODAY'S LUNCH***

Monday-Cheese pizza, romaine salad, pears  
Tuesday-Walking tacos, corn, applesauce  
Wednesday-Orange chicken, fried rice, eggroll, mixed fruit  
Thursday-Chicken alfredo over bowtie pasta, breadsticks, broccoli, sliced pears  
Friday-Hot dog, fries, peaches

***BREAKFAST***

Monday-Ham breakfast bar, graham crackers, fruit  
Tuesday-Mini cinnamon rolls, fruit  
Wednesday-Breakfast pizza, fruit  
Thursday-Sausage pancake stick, fruit  
Friday-Cereal, poptart, fruit

**Hey RSMS students!!** Just a reminder to have fun, follow the Norse Code and come to school each day Ready to Learn! We have the privilege of attending an amazing school so be grateful each and every day and have pride in our building.

**Girls and Boys Basketball signup is in the office.** Please sign up if you plan to go out for basketball. Girls basketball starts in mid-October and boys basketball starts in January. Sign up by October 8.

**Wrestling signup is in the office.** If you are planning to go out for 7th-8th Wrestling, please sign up in the middle school office by October 8.

**7th-8th Wrestling Practice** will start on Monday, October 19, immediately after school. Meet in the Wrestling Room. Please have shorts, t-shirt, and wrestling shoes for practice. Head gear will be provided or you may provide your own.

**7<sup>th</sup> and 8<sup>th</sup> Grade Roland Rural Bus Room** please report to Mrs. Kentner's room at 3:30.

**RSMS to offer "Skip the Trip" Iowa DOT instruction permit knowledge tests**

Do you have a student who is ready to take the operator knowledge test to get an Iowa instruction permit to drive? RSMS is now offering the test right here at school as part of the Iowa Department of Transportation's "Skip the Trip" program. In partnering with the Iowa DOT, RSMS can save families time, cost, and the hassle of making a trip to a driver's license service center for testing. Students will be able to take the web-based test in a more familiar environment that works to reduce test anxiety and increase success rates. Tests are overseen by trained school staff to assure the integrity of test results. To be eligible to take the remote knowledge test, your student must be age 14 or older and not currently hold an Iowa instruction permit. Students that have turned 14 prior to the testing date must sign up in the office and have permission given from their parent by either email or phone. Students will have the opportunity to test on the second Tuesday of each month. "Skip the Trip" allows students to take their initial test at school as the first step in getting your student to be a confident driver. Once a student has successfully passed the test, the student will receive an email verifying a successful test. The student brings a copy of the email to the driver's license service center along with the other required documentation that will prove their identity to be issued their instruction permit. Service center staff will verify passing test result emails with Iowa DOT records. Visit [www.iowadot.gov/mvd/realid/success.asp](http://www.iowadot.gov/mvd/realid/success.asp) to determine what documentation to bring with you to receive your student's permit. To prepare for a successful knowledge test, students should study the Iowa Driver's Manual and online practice test, both available at: <https://iowadot.gov/mvd/driverslicense/manuals-and-practice-tests>.

**NBA registration is now open!** Join us for another exciting, fun, and competitive season of basketball with the Norsemen Basketball Association! Online registration is open until October 13th on Team Snap: <https://go.teamsnap.com/forms/245433> For more information, please see the RSMS website.

**Norsemen Basketball Association apparel is now available for order!** The merchandise store will close on October 20th at midnight. Be sure to order your NBA gear today using this link: <https://nbabasketball20.itemorder.com/sale> GO NORSE!

**Quote of the Week:**

“When obstacles arise, you change your direction to reach your goal, you do not change your decision to get there.”

Zig Zigler

**R-S MS PRACTICE / SHUTTLE SCHEDULE  
CROSS COUNTRY, FOOTBALL, VOLLEYBALL**

**CROSS COUNTRY & VOLLEYBALL -- SHUTTLE @ 5:00 P.M.  
FOOTBALL -- SHUTTLE @ 5:30 P.M.**

**MONDAY, OCTOBER 5**

Cross Country -- 3:35 - 5:00  
Football-- 7th Practice 3:45 - 5:20  
8th @ Kuemper Catholic 5:30  
8th -- Dismiss @ 3:10 / Bus @ 3:20  
Volleyball -- 8th @ Saydel 4:30 / 7th (H) 4:30  
8th -- Dismiss @ 3:05 / Bus @ 3:15

**TUESDAY, OCTOBER 6**

Cross Country -- 3:35 -- 5:00  
Football -- 3:45 -- 5:20  
Volleyball -- 8th Practice 3:35 -- 5:05  
7th S. Hamilton (H) 4:30

**WEDNESDAY, OCTOBER 7**

Cross Country -- 3:35 -- 5:00  
Football -- 3:45 -- 5:20  
Volleyball -- 3:35 -- 5:05

**THURSDAY, OCTOBER 8 -- NO SHUTTLE**

Cross Country @ S. Hamilton 4:15  
Dismiss @ 2:50 / Bus @ 3:00  
Football -- 8th / 7th vs. Saydel (H) @ 4:30 / 6:00  
8th Dismiss @ 3:25 / Bus @ 3:35  
7th Dismiss @ 3:30 / Bus @ 3:50  
Volleyball -- 7th @ PCM / 8th (H) 4:30  
7th -- Dismiss @ 2:40 / Bus @ 2:50

**FRIDAY, OCTOBER 9**

Cross Country -- 3:35 -- 5:00  
Football -- 3:45 -- 5:20  
Volleyball -- 3:35 -- 5:05