

**ROLAND-STORY MIDDLE SCHOOL
MONDAY, NOVEMBER 16th, 2020 #058**

TODAY'S LUNCH

Monday-Pork rib sandwich, capri veggies, strawberries
Tuesday-Chili, cinnamon roll, corn, apricots
Wednesday-Hot dog, peas, pears, sun chips
Thursday-Thanksgiving Dinner!!
Friday-Meatball sub, fries, applesauce

BREAKFAST

Monday-Ham breakfast bar, fruit
Tuesday-Mini bagel with cinnamon, fruit
Wednesday-Breakfast pizza, fruit
Thursday-Sausage pancake stick, fruit
Friday-Cereal, poptart, fruit

Hey RSMS students!! Just a reminder to have fun, follow the Norse Code and come to school each day Ready to Learn! We have the privilege of attending an amazing school so be grateful each and every day and have pride in our building.

Student Ambassadors, we will have a meeting today at lunch time.

Builders Club will meet Tuesday morning at 7:45. All are welcome!

Wednesday is a 2 hour early dismissal.

7th and 8th Grade Roland Rural Bus Room please report to **Mrs. Petersen's** room at 3:30.

Quote of the Week:

"Happiness is not by chance, but by choice." Jim Rohn

**R-S MS PRACTICE / SHUTTLE SCHEDULE
GIRLS BASKETBALL & WRESTLING**

NOVEMBER 16 - NOVEMBER 20

**G BASKETBALL & WRESTLING -- SHUTTLE @ 5:45
(No AM Shuttle)**

1:15 DISMISSAL DAYS -- G BASKETBALL SHUTTLE @ 3:45

MONDAY, NOVEMBER 16

G Basketball -- 3:40 - 5:30
Wrestling -- 3:45 - 5:30

TUESDAY, NOVEMBER 17

G Basketball -- 7th @ Nevada 4:30
Dismiss @ 3:25 / Bus @ 3:35
8th Practice -- 3:40 - 5:30
Wrestling @ West Marshall
Dismiss @ 3:05 / Bus @ 3:15

WEDNESDAY, NOVEMBER 18 -- 1:15 Early Dismissal -- G BB Shuttle @ 3:45

G Basketball -- 1:25 - 3:30

Wrestling -- 6:15 - 7:30 AM

THURSDAY, NOVEMBER 19

G Basketball -- 3:40 - 5:30

Wrestling -- 3:45 - 5:30

FRIDAY, NOVEMBER 20

G Basketball -- 3:40 - 5:30

Wrestling @ N. Polk 4:30

Dismiss @ 3:10 / Bus @ 3:20