

**ROLAND-STORY MIDDLE SCHOOL
FRIDAY, September 17, 2021 #019**

TODAY'S LUNCH

Monday-Chicken strips, broccoli normandy, peaches
Tuesday-Chicken tacos, corn, diced mango
Wednesday-Spaghetti, breadstick, green beans, applesauce
Thursday-Shredded bbq chicken sandwich, baked beans, blueberries
Friday-Pork fritter sandwich, capri vegetables, sliced strawberries

BREAKFAST

Monday-Ham breakfast bar, graham crackers, fruit
Tuesday-french toast sticks, fruit
Wednesday-Breakfast pizza, fruit
Thursday-Sausage pancake stick, fruit
Friday-Cereal, muffin, fruit

Just a reminder to have fun, follow the Norse Code and come to school each day Ready to Learn! We have the privilege of attending an amazing school so be grateful each and every day and have pride in our building.

ALL STUDENTS: PLEASE WAIT UNTIL 8:15 AM TO COME INTO THE OFFICE FOR HELP WITH ANYTHING UNLESS YOU ARE SICK, HAVE AN INJURY, OR NEED MEDICINE! Thank you!

All Students: Please be sure to check the main office window throughout the day for your name for any messages you may have.

Premier Athlete Training for 7th and 8th grade students has begun and will take place Tuesday and Friday mornings from 6:15 to 7:05. The information/registration form can be found on our middle school website or picked up in the office.

Mock trial will be Mondays and Wednesdays at 7:00 a.m. in room 123 across from the office.

Concessions workers needed! In order to have Concessions for Home Middle School Volleyball games, we need two 7th or 8th grade students to sign up to work. Time frame is 4:15 to approximately 6:15-6:30. Please sign up on the sheet in the office. Your help is greatly appreciated.

Attention Young Actors and Singers! Judge Story is holding auditions for the Children's Theatre production of *A Winnie the Pooh Christmas*. It's a musical! There are eight speaking parts, but we need a chorus of trees. Auditions will be Sunday, Sept. 19 from 1-3 at the JSTT rehearsal space down the hall from Upper Story Studio. If you wish to be in the chorus, prepare a song as your audition.

If you ride a bike to school, be sure to park your bike in the racks provided. This should be done at the elementary and high school buildings, as well as here at the middle school. Do not park bikes in the lot north of the building.

Student Drop-Off- Reminder to those that ride to school with parents that our drop off is on the NORTH side of our building. Please use the sidewalks in this new area.

7th and 8th Grade Roland Rural Bus Room please report to Mrs. Paulson's room at 3:30.

Reminder to all students attending middle school and high school events: Please come to watch the event and NOT be running around. Remember to demonstrate the Norse Code positively cheering for both teams.

Quote of the Week:

“When we choose to respond to challenges and adversity in a positive way, we create stories worth telling.” Unknown

**R-S MS PRACTICE / SHUTTLE SCHEDULE
CROSS COUNTRY, FOOTBALL, VOLLEYBALL**

SEPTEMBER 13 - SEPTEMBER 17

**CROSS COUNTRY & VOLLEYBALL -- SHUTTLE @ 5:15 P.M.
FOOTBALL -- SHUTTLE @ 5:35 P.M.**

FRIDAY, SEPTEMBER 17

Cross Country	3:45 – 5:00
Football	3:45 – 5:20
Volleyball	3:45 – 5:05