

**ROLAND-STORY MIDDLE SCHOOL
MONDAY, September 20, 2021 #020**

TODAY'S LUNCH

Monday-Cheese pizza, romaine salad, pears
Tuesday-Chicken and cheese quesadillas, corn, mixed fruit
Wednesday-Chili cheese dog, mixed vegetables, peaches
Thursday-Turkey bacon flatbread, crackers, baby carrots, orange slices,
Friday-Cod nuggets, green beans, applesauce

BREAKFAST

Monday-Ham breakfast bar, graham crackers, fruit
Tuesday-Sausage egg and cheese biscuit, fruit
Wednesday-Breakfast pizza, fruit
Thursday-Sausage pancake stick, fruit
Friday-Cereal, muffin, fruit

Just a reminder to have fun, follow the Norse Code and come to school each day Ready to Learn! We have the privilege of attending an amazing school so be grateful each and every day and have pride in our building.

Wednesday is a 1:00/1:15 early dismissal for teacher professional development

Homecoming Week 2021

Monday: Jersey Day - Wear your favorite team or player's jersey

Tuesday: Hawaiian Day - Wear your best Hawaiian outfit

Wednesday: USA Spirit Day - Show your patriotic spirit with your best American outfit

Thursday: Why is This in My Closet? Day - Wear your most ridiculous outfit from your closet, or maybe your mom's closet

Friday: Norsemen Spirit Day! - Wear your best Norsemen gear to cheer on the teams Friday night! GO NORSE!

ALL STUDENTS: PLEASE WAIT UNTIL 8:15 AM TO COME INTO THE OFFICE FOR HELP WITH ANYTHING UNLESS YOU ARE SICK, HAVE AN INJURY, OR NEED MEDICINE! Thank you!

RSMS School Picture Day is Thursday, September 30th.

Parks & Recreation Basketball 2021-2022 Season - Registration Deadline: Friday, October 1st. Cost: Pre K-Kinder: \$35 (includes t-shirt); 1st-6th Grade With Jersey \$55.00/participant (includes reversible white/red jersey), Without Jersey \$45.00/participant (participant already has required reversible jersey). Check out our website for more information: <https://cityofstoriocity.org/parks-and-recreation/>

All Students: Please be sure to check the main office window throughout the day for your name for any messages you may have.

Premier Athlete Training for 7th and 8th grade students has begun and will take place Tuesday and Friday mornings from 6:15 to 7:05. The information/registration form can be found on our middle school website or picked up in the office.

Mock trial will be Mondays and Wednesdays at 7:00 a.m. in room 123 across from the office.

Concessions workers needed! In order to have Concessions for Home Middle School Volleyball games, we need two 7th or 8th grade students to sign up to work. Time frame is 4:15 to approximately 6:15-6:30. Please sign up on the sheet in the office. Your help is greatly appreciated.

If you ride a bike to school, be sure to park your bike in the racks provided. This should be done at the elementary and high school buildings, as well as here at the middle school. Do not park bikes in the lot north of the building.

Student Drop-Off- Reminder to those that ride to school with parents that our drop off is on the NORTH side of our building. Please use the sidewalks in this new area.

7th and 8th Grade Roland Rural Bus Room please report to Mrs. Paulson's room at 3:30.

Reminder to all students attending middle school and high school events: Please come to watch the event and NOT be running around. Remember to demonstrate the Norse Code positively cheering for both teams.

Quote of the Week:

"When we choose to respond to challenges and adversity in a positive way, we create stories worth telling." Unknown

**R-S MS PRACTICE / SHUTTLE SCHEDULE
CROSS COUNTRY, FOOTBALL, VOLLEYBALL
SEPTEMBER 20 - SEPTEMBER 24
CROSS COUNTRY & VOLLEYBALL -- SHUTTLE @ 5:15 P.M.
FOOTBALL -- SHUTTLE @ 5:35 P.M.**

MONDAY, SEPTEMBER 20 -- Football Shuttle Only -- 5:35 Departure

Cross Country	@ N Polk 4:30 Dismiss @ 2:40 / Bus @ 2:50
Football	3:45 – 5:20
Volleyball	7th vs. Perry (H) / 8th @ Perry 4:30 8th -- Dismiss 2:50 @ / Bus @ 3:00

**TUESDAY, SEPTEMBER 21 -- Shuttle -- Begin in SC @ 5:00 to pick up XC @ Golf Course
Pick up Volleyball @ 5:15. No Football Shuttle**

Cross Country	3:45 – 5:00 @ River Bend Golf Course Ride SC route bus to HS and walk to course for practice
Football	8th @ PCM 4:30 / 7th @ PCM 6:00 8th -- Dismiss @ 2:35 / Bus @ 2:45 7th -- Dismiss @ 3:25 / Bus @ 3:35
Volleyball	3:45 - 5:05

**WEDNESDAY, SEPTEMBER 22 -- Early Dismissal
No practices**

THURSDAY, SEPTEMBER 23 -- Football Shuttle ONLY -- 5:35 Departure

Cross Country	@ RS -- River Bend Golf Course Ride SC route bus to HS and walk to course for meet
Football	3:45 – 5:20
Volleyball	7th @ Greene Co. MS / 8th vs. Greene Co. (H) 4:30 7th -- Dismiss @ 2:45 / Bus @ 2:55

FRIDAY, SEPTEMBER 24

Cross Country	No Practice
Football	3:45 – 5:20
Volleyball	3:45 – 5:05