

**ROLAND-STORY MIDDLE SCHOOL
MONDAY, NOVEMBER 23rd, 2020 #063**

TODAY'S LUNCH

Monday-Chicken parmesan on a bun, capri veggies, strawberries
Tuesday-Shredded pork nachos, corn, mandarin oranges
Wednesday-Turkey and bacon pita, baby carrots, apple slices, doritos

BREAKFAST

Monday-Ham breakfast bar, fruit
Tuesday-Mini pancakes, fruit
Wednesday-Breakfast pizza, fruit

Hey RSMS students!! Just a reminder to have fun, follow the Norse Code and come to school each day Ready to Learn! We have the privilege of attending an amazing school so be grateful each and every day and have pride in our building.

Wednesday is a 2 hour early dismissal.

NO SCHOOL Thursday or Friday

Reminder to all 5th, 6th, 7th and 8th Grade band students that instruments are to go home over Thanksgiving break! 5th and 6th students can work on Band Bingo, 6th-8th students can work on solos and everyone can work on concert music. Thanks!

Middle School Activities: Per the new COVID-19 proclamation issued by Governor Reynolds, the Roland-Story Community School District is suspending all Middle School activities (athletics, **band/chorus before and after school**) through December 10, 2020. Thank you for your continued understanding and patience.

Wrestling and Girls Basketball Pictures will be rescheduled for a later date.

7th and 8th Grade Roland Rural Bus Room please report to **Mrs. Petersen's** room at 3:30.

Quote of the Week:

"The heart that gives thanks is a happy one, for we cannot feel thankful and unhappy at the same time."
— Douglas Wood