

**ROLAND-STORY MIDDLE SCHOOL  
WEDNESDAY, JANUARY 27th, 2021 #097**

***TODAY'S LUNCH***

Monday-Cheeseburger, fries, pineapple  
Tuesday-Beef and bean burrito, black beans, strawberries  
Wednesday-Orange chicken, fried rice, egg roll, mixed fruit  
Thursday-Beef stew, roll, corn, applesauce  
Friday-Corndog, broccoli, apricots

***BREAKFAST***

Monday-Ham breakfast bar, fruit  
Tuesday-Mini Cinnamon Rolls,, fruit  
Wednesday-Breakfast pizza, fruit  
Thursday-Sausage pancake stick, fruit  
Friday-Cereal, poptart, fruit

**Hey RSMS students!!** Just a reminder to have fun, follow the Norse Code and come to school each day Ready to Learn! We have the privilege of attending an amazing school so be grateful each and every day and have pride in our building.

**Roland-Story 2021 Little League Baseball Season** registration is now open! Deadline is February 15. 3rd/4th Grade Minors Division, 5th/6th Grade Majors Division. Registration fee is \$55; scholarships are available. <https://www.centraliowarecleague.org/northstory> Follow Norsemen Youth Baseball League on Facebook for season information and updates. <https://www.facebook.com/RSyouthbaseball/>

**Students-**You must have on snow boots to play in the snow. There is NO throwing of snowballs or ice.

**7<sup>th</sup> & 8<sup>th</sup> Grade Choir Students:** Please turn your \$10 robe-cleaning fee into the office. Checks can be made out to Roland-Story Schools. Thank you!

**7<sup>th</sup> and 8<sup>th</sup> Grade Roland Rural Bus Room** please report to **Mrs. Handsaker's** room at 3:30.

**R-S MS PRACTICE / SHUTTLE SCHEDULE  
BOYS BASKETBALL  
JANUARY 25 - JANUARY 29  
BOYS BASKETBALL SHUTTLE @ 5:45  
1:15 DISMISSAL DAYS -- B BASKETBALL SHUTTLE @ 3:30**

**WEDNESDAY, JANUARY 27 -- Early Dismissal -- Shuttle @ 3:30  
B Basketball -- 1:20 - 3:15**

**THURSDAY, JANUARY 28 -- No Shuttle  
B Basketball -- 7th vs. Greene Co, (H) 4:30  
8th @ Greene Co. 4:30  
Dismiss @ 2:45 / Bus @ 2:55**

**FRIDAY, JANUARY 29 -- No Shuttle  
B Basketball -- 7th vs. N. Polk (H) 4:30  
8th @ N. Polk 4:30  
Dismiss @ 3:10 / Bus @ 3:20**

**Quote of the Week:**

It's not about perfect. It's about effort. And when you bring that effort every single day, that's where transformation happens. Jillian Michaels