

**ROLAND-STORY MIDDLE SCHOOL**  
**Thursday, September 1, 2022**

**TODAY'S LUNCH**

Thursday - Pork rib sandwich, fries, pears  
Friday - Pepperoni pizza, romaine salad, mixed fruit

**BREAKFAST**

Thursday - Sausage, egg, & cheese biscuit, fruit  
Friday- Cereal, blueberry muffin, fruit

**Lunchroom Reminders:**

1. Enter the lunchroom the same as in the past. Pick up your tray, food, and then enter your number in last.
2. There is a refrigerator in the kitchen for you to use for your sack lunches. Please bring them in before school.
3. There are two microwaves in the kitchen for you to use for warming up your lunches.

**Attention 7<sup>th</sup> and 8<sup>th</sup> graders** - During the school day please stay out of the 5th & 6th grade hallway.

**All Students:** You may enter the building as early as 7:45. It is expected that you either sit in the gym or at breakfast until you are dismissed by an adult. The only food being eaten happens in the Norse Cafe.

**If you ride a bike to school,** be sure to park your bike in the racks provided. Do not park bikes in the lot north of the building.

**Student Drop-Off-** Reminder to those that ride to school with parents that our drop off is on the north side of the building.

**7<sup>th</sup> and 8<sup>th</sup> Grade Roland Rural Bus Room** please report to Ms. Houck's room at dismissal time.

**Reminder to all students attending middle school and high school events:** Please come to watch the event. Remember to demonstrate the Norse Code (Caring - Respect - Responsibility) positively cheering for both teams.

**Little Norse Cheer Clinic for grades PreK-6th** will perform before the football game on Friday, September 9. Practices will be held on Tuesday, September 6 and Thursday, September 8 from 3:30-4:30 at the elementary school. Cost is \$20 per cheerleader. Price includes pom poms for our Little Norse Cheerleaders! Please make sure to fill out the form that your child brought home and return that and your payment to the elementary/middle school office by the morning of Friday, September 2nd. Checks can be made out to R-S Cheer. Late registration will be accepted, but pom poms will *not* be guaranteed for those who register late. More information on the performance will be sent home after practice on Tuesday.

**Children's Theatre auditions:** "In the fairy tale criminal justice system, the characters from fairy tales and nursery rhymes are represented by two separate but equally ridiculous groups: the fairy tale police who investigate fairy tale crime, and the fairy tale district attorneys who prosecute the fairy tale offenders." Come try out to tell their stories! We are so excited to announce our Children's Theatre production for this winter, Law & Order: Fairy Tale Unit! To audition, all our performers need to do is come ready to read some short passages from the script, no need to memorize anything beforehand! Auditions are available on Sunday, September 11th, from 3 to 6 p.m., and Saturday, September 17th, from 9 a.m. to 12 p.m. You can join us up the stairs next to Simply Mae's and Creative Endeavors, and follow the signs to our rehearsal space! Performances will be in early December. This clever show hosts many of your favorite fairy tale characters, with our performers playing multiple parts throughout. These auditions are open for kids in Kindergarten through high school freshmen, and we look forward to seeing you there!

**Did you know that the Roland-Story Athletic Booster Club** helps support our RS athletes to be the best they can be on the field, court, track, mat, and at the course? The Booster Club provides financial support to our RS athletic programs to help pay for uniforms, equipment, facility needs, and coaches requests to help our athletes succeed. Another BIG support for our RS athletes, paid for by the Booster Club, is our strength and conditioning program. RS athletes receive instruction and guidance from Premier Athlete Training coaches based out of Ames. Their training and experience have helped pro, college, high school, and middle school athletes excel in the sports they love. With support from the Booster Club, our athletes receive instruction AT RS schools...making it a HUGE COST SAVINGS for

families. Help us continue to provide these much needed items and services for our Roland-Story athletes. Click on the link below to join the Booster Club today! GO NORSE!!  
<https://rolandstory.revtrak.net/Roland-Story-Athletic-Booster-Club/>

**PTO Meeting:** The first PTO meeting is Thursday September 8th at 7:30 at the Middle School Library.

**R-S PTO would like to share the following with you:**

Amazon Wish Lists:



<https://docs.google.com/document/d/1X-YYd0KHVNQom0EGWXIU8NDQeF5B6tAStjamfM4MB7w/mobilebasic>

Fall Apparel:

[https://stores.inksoft.com/rs\\_pto/shop/home](https://stores.inksoft.com/rs_pto/shop/home)

**R-S PTO Presents: School Staff Monthly Recognition Program** - Let's recognize teachers, staff and administrators who demonstrate dedication, professionalism, excellence and FUN in the classroom! Anyone can nominate anyone – a student can nominate a teacher, a teacher can nominate a bus driver, a parent can nominate a member of the lunch staff, etc. There are NO SMALL gestures that shouldn't go noticed. Each month, a winner will be drawn from each school to receive a gift card to a local place of their choosing provided by the RS PTO. Nominations are due by the end of each month for that month's drawing. Please see the linked form for more information and to submit your nomination! **[NOMINATION FORM](#)**

**The Roland Story Claybusters** fall trap shooting season will be starting soon. If you are interested in finding out more about the Club or would like to join, stop by Mrs. Vinson room to pick up an information sheet or use one of the following links to get more information.

Find Out More	Join the Club
<a href="https://sites.google.com/view/claybusterinterest/home">https://sites.google.com/view/claybusterinterest/home</a>	<a href="https://sites.google.com/view/claybusterinterest/sign-up-information">https://sites.google.com/view/claybusterinterest/sign-up-information</a>
	

**MS Premier Athlete Opportunity -- Information & Sign Up.** Link:

<https://docs.google.com/forms/d/e/1FAIpQLSekUOALqI6kVrZo-nTpKnFv8vFCJ36deWg9OgYrJU3dhXq2Vw/viewform>

**R-S MS PRACTICE / SHUTTLE SCHEDULE**

**CROSS COUNTRY, FOOTBALL, VOLLEYBALL  
 AUGUST 29 - SEPTEMBER 2**

**CROSS COUNTRY & VOLLEYBALL -- SHUTTLE @ 5:15 P.M.  
 FOOTBALL -- SHUTTLE @ 5:35 P.M.**

**THURSDAY, SEPTEMBER 1**

Cross Country 3:45 – 5:00  
 Football 3:45 – 5:20  
 Volleyball 3:45 – 5:05

**FRIDAY, SEPTEMBER 2**

Cross Country 3:45 – 5:00  
 Football 3:45 – 5:20  
 Volleyball 3:45 – 5:05