

**ROLAND-STORY MIDDLE SCHOOL
THURSDAY, March 25th, 2021 #130**

TODAY'S LUNCH

Monday-Cheeseburger, fries, pineapple chunks
Tuesday-Crispito, chips w/cheese, corn, pears
Wednesday-Chicken and gravy, biscuit, mashed potatoes, pears
Thursday-Ham and cheese sub, baby carrots, apple slices
Friday-Fish sandwich, peas, mixed fruit

BREAKFAST

Monday-Ham breakfast bar, fruit
Tuesday-Mini pancakes, fruit
Wednesday-Breakfast pizza, fruit
Thursday-Sausage pancake bites, fruit
Friday-Cereal, graham crackers, fruit

Hey RSMS students!! Just a reminder to have fun, follow the Norse Code and come to school each day Ready to Learn! We have the privilege of attending an amazing school so be grateful each and every day and have pride in our building.

RSMS is excited to present Aladdin Jr. as our spring musical! Tickets can be purchased for either the live performance on Tuesday, March 30 at 7 pm or one of the four streaming options here: <https://bit.ly/AladdinRSMS>.

Good Morning! It is TALENT SHOW time! We are having our annual Talent Show on Wednesday, April 14!!! Sign up sheets will be in the cafeteria so please sign up and know your talent. Auditions will be Wednesday, April 7 in the old gym from 9-11am and there will be more information coming! Be prepared and keep it school appropriate! Following auditions, there will be an email to all that auditioned that are chosen to be a part of the talent show!

Premier Athlete Training - new session begins Thursday, 3/25. Tuesday and Thursday mornings from 6:20-7:05, beginning Thursday, 3/25 and ending Thursday, May 20. Please pick up an info/sign-up sheet in the office or on our website.

Here is the link to Coach Lettow's remind page for 7th/8th girls' track: [LettowRemind](#)

Boys Track Participants & Parents/Guardians - Please Sign up for Remind messages. Coach Calvert will be sending you important track information through Remind. <https://www.remind.com/join/cbda4f>

7th & 8th Grade Choir Students: Please turn your \$10 robe-cleaning fee into the office. Checks can be made out to Roland-Story Schools. Thank you!

7th and 8th Grade Roland Rural Bus Room please report to **Ms. Houck's** room.

**R-S MS PRACTICE / SHUTTLE SCHEDULE
BOYS & GIRLS TRACK
MARCH 22 - MARCH 26
EARLY TRACK SHUTTLE @ 5:25
LATE TRACK SHUTTLE @ 5:45**

THURSDAY, MARCH 25

BOYS TRACK -- 3:30 - 5:10
GIRLS TRACK -- 3:30 - 5:30

FRIDAY, MARCH 26

BOYS TRACK -- 3:30 - 5:10
GIRLS TRACK -- 3:30 - 5:30

Quote of the Week:

"Learn from the past, set vivid, detailed goals for the future, and live in the only moment of time over which you have any control: now" Denis Waitley