

**ROLAND-STORY MIDDLE SCHOOL  
WEDNESDAY, March 31st, 2021 #134**

**TODAY'S LUNCH**

Monday-Crispy chicken sandwich, mandarin oranges, mixed vegetables  
Tuesday-Chicken tacos, green beans, peaches  
Wednesday-Grilled cheese, chicken noodle soup, applesauce  
Thursday-Corndog, capri vegetables, mixed fruit  
Friday-Cod nuggets, green beans, applesauce

**BREAKFAST**

Monday-Ham breakfast bar, fruit  
Tuesday-Sausage egg cheese biscuit, fruit  
Wednesday-Breakfast pizza, fruit  
Thursday-Sausage pancake stick, fruit  
Friday-Cereal, muffin, fruit

**Hey RSMS students!!** Just a reminder to have fun, follow the Norse Code and come to school each day Ready to Learn! We have the privilege of attending an amazing school so be grateful each and every day and have pride in our building.

Parents, The Booster Club is asking each parent of a MS track athlete to help with concessions at 1-2 meets this spring. There are two shifts per meet. Athletes will receive a paper copy at track practice that can be returned to their coach. You may also sign up using this link:  
<https://www.signupgenius.com/go/20f0f45a8ab28abfe3-roland5>

**MAST Fundraiser** - There will be a Drive-Thru Pasta Meal from 4:30-6:00 on April 7th with a pasta dish, green beans, bread and dessert. The Story City location is the Harvest E Free Church, and the Roland location is Bergen Church. Free will donations will be accepted, and all proceeds will go to the Fine Arts programs at Roland-Story!

**RSMS is excited to present Aladdin Jr. as our spring musical!** Tickets can be purchased for either the live performance on Tuesday, March 30 at 7 pm or one of the four streaming options here:  
<https://bit.ly/AladdinRSMS>.

**Good Morning! It is TALENT SHOW time!** We are having our annual Talent Show on Wednesday, April 14!!! Sign up sheets will be in the cafeteria so please sign up and know your talent. Auditions will be Wednesday, April 7 in the old gym from 9-11am and there will be more information coming! Be prepared and keep it school appropriate! Following auditions, there will be an email to all that auditioned that are chosen to be a part of the talent show!

**Premier Athlete Training** - new session begins Thursday, 3/25. Tuesday and Thursday mornings from 6:20-7:05, beginning Thursday, 3/25 and ending Thursday, May 20. Please pick up an info/sign-up sheet in the office or on our website.

**Here is the link to Coach Lettow's remind page for 7th/8th girls' track:** [LettowRemind](#)

**Boys Track Participants & Parents/Guardians** - Please Sign up for Remind messages. Coach Calvert will be sending you important track information through Remind. <https://www.remind.com/join/cbda4f>

**7<sup>th</sup> & 8<sup>th</sup> Grade Choir Students:** Please turn your \$10 robe-cleaning fee into the office. Checks can be made out to Roland-Story Schools. Thank you!

**7<sup>th</sup> and 8<sup>th</sup> Grade Roland Rural Bus Room** please report to **Ms. Houck's** room.

**R-S MS PRACTICE / SHUTTLE SCHEDULE  
BOYS & GIRLS TRACK  
MARCH 29 - APRIL 2  
EARLY TRACK SHUTTLE @ 5:25 -- GIRLS  
LATE TRACK SHUTTLE @ 5:45 -- BOYS**

**WEDNESDAY, MARCH 31 -- NO PRACTICE**

**THURSDAY, APRIL 1**

BOYS TRACK -- 3:30 - 5:30

GIRLS TRACK -- 3:30 - 5:10

**FRIDAY, APRIL 2 -- Early Dismissal**

No Practices

**Quote of the Week:**

It is never too late to be what you might have been. George Eliot