

**ROLAND-STORY MIDDLE SCHOOL
TUESDAY, March 9th, 2021 #123**

TODAY'S LUNCH

Monday-Corndog, mixed vegetables, apricots
Tuesday-Turkey tacos, corn, mango
Wednesday-Cheese stuffed meatloaf, mashed potatoes, ketchup
Thursday-Breaded pork patty, baked beans, applesauce
Friday-3 cheese calzone, romaine salad, pears

BREAKFAST

Monday-Ham breakfast bar, fruit
Tuesday-Mini cinnamon rolls, fruit
Wednesday-Breakfast pizza, fruit
Thursday-Sausage pancake bites, fruit
Friday-Cereal, graham crackers, fruit

Hey RSMS students!! Just a reminder to have fun, follow the Norse Code and come to school each day Ready to Learn! We have the privilege of attending an amazing school so be grateful each and every day and have pride in our building.

Please check the lost and found for items that may belong to you. ALL items will be donated after spring break.

Here is the link to Coach Lettow's remind page for 7th/8th girls' track: [LettowRemind](#)

Girls Track Preseason Workout is posted on the office window and in the gym. Please take a picture of the workout so you can run over spring break. This will help you be prepared for the first day of track.
-Coaches Lettow & Wilkinson

7th & 8th Baseball uniform orders are due by Monday, March 8 at 4:00 p.m.

Softball Camp fliers for 5th and 6th grade softball players will be available in the MS office or from their homeroom teacher. Camp will be Saturday, March 27th at the MS Gyms in Roland. Deadline for sign up is Friday, March 12th. Form also available on Facebook on the Roland-Story Softball page and at the HS Softball website: <http://tinyurl.com/norsesoftball>

Boys and girls track: Students interested in participating this spring, please sign up in the office. Track practice begins Monday, March 22, after Spring break. All participants must have a current physical and other forms on file.

Attention ALL Students-Middle School students are NOT permitted to attend middle school athletic events, unless they are attending as the sibling of an athlete, due to capacity constraints.

Students-You must have on snow boots to play in the snow. There is NO throwing of snowballs or ice.

7th & 8th Grade Choir Students: Please turn your \$10 robe-cleaning fee into the office. Checks can be made out to Roland-Story Schools. Thank you!

7th and 8th Grade Roland Rural Bus Room please report to **Ms. Houck's** room.

Roland Library will be offering programs every day during Spring Break. You must pre-register by calling the library at 388-4086 or email melissataylorwebb@gmail.com. Here is the run down: Monday 10:30-6 Break out room. Tuesday 2pm Ninja Party (K-4th) and 3:30 String Art (5th and up). Wednesday 2pm Unicorn Party (k-4th) and 3:30pm Bouncy Balls (5th and up). Thursday 2pm Canvas Painting (All ages). Friday 2pm Bingo (all ages). Remember to bring a mask.

Quote of the Week:

We may encounter many defeats but we must not be defeated. Maya Angelou