

**ROLAND-STORY MIDDLE SCHOOL
MONDAY, April 26th, 2021 #152**

TODAY'S LUNCH

Monday-Popcorn chicken, broccoli normandy, mixed fruit
Tuesday-Taco quesadilla, green beans, blueberries
Wednesday-Orange chicken, fried rice, egg roll, apple slices
Thursday-Beef stew, cinnamon roll, pears
Friday-Hamburger, baked beans, peaches

BREAKFAST

Monday-Ham breakfast bar, fruit
Tuesday-Mini pancakes, fruit
Wednesday-Breakfast pizza, fruit
Thursday-Sausage pancake stick, fruit
Friday-Cereal, muffin, fruit

Hey RSMS students!! Just a reminder to have fun, follow the Norse Code and come to school each day Ready to Learn! We have the privilege of attending an amazing school so be grateful each and every day and have pride in our building.

The JV and Varsity softball team will be playing Nevada on Friday, May 28th in their annual Coaches vs Cancer game. All funds raised go to a local family battling cancer. Support the team and support a local family by purchasing apparel via this link. Store closes May 6 at midnight.
<https://rssoftball212.itemorder.com/sale>

Attention 5th grade kids and parents. It is once again time to register for our fall youth tackle football program. A yellow flier is being sent home detailing the information on how to register and date of equipment check out. If you have any questions you can contact Desiree Fisher at desfisher424@gmail.com or 515-450-1046.

Monday the 26th: Hat Day- Say hello to your favorite tests of the whole year, and goodbye to the no hat policy for a day! Wear a crazy cool hat of your choice! Please be respectful of school policies and dress codes. Let's have a great week with some great themes!

All Students-as the weather gets warmer we ask that you follow our school handbook when it comes to the clothes you wear. The handbook states: Any clothing that is cut/torn or worn so that it exposes excessive skin, or inappropriate areas of the anatomy and does not properly cover the body is not suitable for the school setting and is not acceptable. Midriff-baring tops, tube tops, halter tops, spaghetti strap tops, or strapless tops are not to be worn. Short skirts or short shorts are also not permitted. Students that wear any of these items to school will be required to change clothing and a parent may need to be called.

MS TRACK PICTURES will be Wednesday, May 5, immediately after the 1:15 Dismissal. There will be a Shutte @ 2:30

7th - 8th Baseball Players: You will have a team meeting on Monday, May 3, during your lunch period. Please go to Mrs. Handsaker's classroom after you get your lunch.

Parents, The Booster Club is asking each parent of a MS track athlete to help with concessions at 1-2 meets this spring. There are two shifts per meet. Athletes will receive a paper copy at track practice that can be returned to their coach. You may also sign up using this link:
<https://www.signupgenius.com/go/20f0f45a8ab28abfe3-roland5>

Here is the link to Coach Lettow's remind page for 7th/8th girls' track: [LettowRemind](#)

Boys Track Participants & Parents/Guardians - Please Sign up for Remind messages. Coach Calvert will be sending you important track information through Remind. <https://www.remind.com/join/cbda4f>

7th & 8th Grade Choir Students: Please turn your \$10 robe-cleaning fee into the office. Checks can be made out to Roland-Story Schools. Thank you!

7th and 8th Grade Roland Rural Bus Room please report to Coach Johnson's room (gym).

**R-S MS PRACTICE / SHUTTLE SCHEDULE
BOYS & GIRLS TRACK
APRIL 26 - APRIL 30
EARLY TRACK SHUTTLE @ 5:25 -- GIRLS
LATE TRACK SHUTTLE @ 5:45 -- BOYS**

MONDAY, APRIL 26 -- BOYS SHUTTLE @ 5:30 @ HS
GIRLS TRACK ---- @ S. Hardin 4:30
Dismiss @ 2:50 / Bus @ 3:00
BOYS TRACK -- 3:30 - 5:30 @ HS

TUESDAY, APRIL 27 -- **** Earlier times due to 7th-8th Concert ****
GIRLS SHUTTLE @ 5:00
BOYS SHUTTLE @ 5:20
BOYS TRACK -- 3:30 - 5:05
GIRLS TRACK -- 3:30 - 4:45

WEDNESDAY, APRIL 28 -- NO PRACTICE

THURSDAY, APRIL 29 -- GIRLS SHUTTLE @ 5:25
BOYS TRACK ---- @ Nevada 4:30
Dismiss @ 3:15 / Bus @ 3:25
GIRLS TRACK -- 3:30 - 5:10

FRIDAY, APRIL 30
BOYS TRACK -- 3:30 - 5:30
GIRLS TRACK -- 3:30 - 5:10

NOTE:
MS TRACK PICTURES NEXT WEDNESDAY, MAY 5
IMMEDIATELY AFTER SCHOOL
SHUTTLE @ 2:30

Quote of the Week:
If you don't risk anything, you risk even more. Erica Jong