

**ROLAND-STORY MIDDLE SCHOOL
MONDAY, April 5th, 2021 #137**

TODAY'S LUNCH

Monday-Pork rib sandwich, mixed fruit, green beans
Tuesday-Walking tacos, corn, mandarin oranges
Wednesday-Hot dog, peas, peaches
Thursday-Shredded BBQ chicken sandwich, baked beans, mixed fruit
Friday-Spaghetti, breadstick, green beans, applesauce

BREAKFAST

Monday-Ham breakfast bar, fruit
Tuesday-Sausage egg cheese biscuit, fruit
Wednesday-Breakfast pizza, fruit
Thursday-Sausage pancake stick, fruit
Friday-Cereal, muffin, fruit

Hey RSMS students!! Just a reminder to have fun, follow the Norse Code and come to school each day Ready to Learn! We have the privilege of attending an amazing school so be grateful each and every day and have pride in our building.

Parents, The Booster Club is asking each parent of a MS track athlete to help with concessions at 1-2 meets this spring. There are two shifts per meet. Athletes will receive a paper copy at track practice that can be returned to their coach. You may also sign up using this link:

<https://www.signupgenius.com/go/20f0f45a8ab28abfe3-roland5>

MAST Fundraiser - There will be a Drive-Thru Pasta Meal from 4:30-6:00 on April 7th with a pasta dish, green beans, bread and dessert. The Story City location is the Harvest E Free Church, and the Roland location is Bergen Church. Free will donations will be accepted, and all proceeds will go to the Fine Arts programs at Roland-Story!

Good Morning! It is TALENT SHOW time! We are having our annual Talent Show on Wednesday, April 14!!! Sign up sheets will be in the cafeteria so please sign up and know your talent. Auditions will be Wednesday, April 7 in the old gym from 9-11am and there will be more information coming! Be prepared and keep it school appropriate! Following auditions, there will be an email to all that auditioned that are chosen to be a part of the talent show!

Premier Athlete Training - new session begins Thursday, 3/25. Tuesday and Thursday mornings from 6:20-7:05, beginning Thursday, 3/25 and ending Thursday, May 20. Please pick up an info/sign-up sheet in the office or on our website.

Here is the link to Coach Lettow's remind page for 7th/8th girls' track: [LettowRemind](#)

Boys Track Participants & Parents/Guardians - Please Sign up for Remind messages. Coach Calvert will be sending you important track information through Remind. <https://www.remind.com/join/cbda4f>

7th & 8th Grade Choir Students: Please turn your \$10 robe-cleaning fee into the office. Checks can be made out to Roland-Story Schools. Thank you!

7th and 8th Grade Roland Rural Bus Room please report to Mr. Johnson's room.

**R-S MS PRACTICE / SHUTTLE SCHEDULE
BOYS & GIRLS TRACK
APRIL 5 - APRIL 9
EARLY TRACK SHUTTLE @ 5:25 -- BOYS
LATE TRACK SHUTTLE @ 5:45 -- GIRLS**

MONDAY, APRIL 5

BOYS TRACK -- 3:30 - 5:10
GIRLS TRACK -- 3:30 - 5:30

TUESDAY, APRIL 6 -- SHUTTLE

PICK UP BOYS @ 5:25 in Story City @ HS
PICK UP GIRLS @ 5:40 in Story City @ HS
BOYS TRACK -- 3:30 - 5:10 @ HS Track / SC
GIRLS TRACK -- 3:30 - 5:30 @ HS Track / SC (Girls Late)

WEDNESDAY, APRIL 7 -- NO PRACTICE

THURSDAY, APRIL 8 -- SHUTTLE

PICK UP GIRLS @ 5:25 in Story City @ HS
PICK UP BOYS @ 5:40 in Story City @ HS
BOYS TRACK -- 3:30 - 5:30 @ HS Track / SC (Boys Late)
GIRLS TRACK -- 3:30 - 5:10 @ HS Track / SC

FRIDAY, APRIL 9

BOYS TRACK -- 3:30 - 5:10
GIRLS TRACK -- 3:30 - 5:30

Quote of the Week:

“Keep your face to the sunshine and you cannot see a shadow.” Helen Keller