

**ROLAND-STORY MIDDLE SCHOOL  
FRIDAY, DECEMBER 11th, 2020 #075**

***TODAY'S LUNCH***

Monday-Beef burgers, fries, mandarin oranges  
Tuesday-Crispito, chips w/cheese, corn, pears  
Wednesday-Ham and cheese sub, green beans, pineapple  
Thursday-Grilled chicken sandwich, broccoli normandy, mixed fruit  
Friday-Corndog, mac/cheese, peas, peaches

***BREAKFAST***

Monday-Ham breakfast bar, fruit  
Tuesday-Mini pancakes, fruit  
Wednesday-Breakfast pizza, fruit  
Thursday-Sausage pancake stick, fruit  
Friday-Cereal, muffin, fruit

**Hey RSMS students!!** Just a reminder to have fun, follow the Norse Code and come to school each day Ready to Learn! We have the privilege of attending an amazing school so be grateful each and every day and have pride in our building.

**Wednesday is a 2 hour early dismissal.**

**Wrestling and Girls BB pictures** are rescheduled for Tuesday, December 22 right after school (1:15 early dismissal).

**7th Basketball Players:** practice jerseys will be checked out to players Friday during your lunch period. See Coach Hovick in the old gym after you finish with your lunch.

**7<sup>th</sup> and 8<sup>th</sup> Grade Roland Rural Bus Room** please report to **Mrs. Clapper's** room at 3:30.

**R-S MS PRACTICE / SHUTTLE SCHEDULE  
GIRLS BASKETBALL & WRESTLING  
DECEMBER 7 - DECEMBER 11**

**G BASKETBALL & WRESTLING** -- SHUTTLE @ 5:45 - (No AM Shuttle)

**B BASKETBALL SKILLS** -- SHUTTLE @ 5:15

**1:15 DISMISSAL DAYS** -- G BASKETBALL SHUTTLE @ 3:45

**FRIDAY, DECEMBER 11** -- Shuttle @ 5:15 and 5:45

**G Basketball** -- 7th vs. West Marshall (H) 4:30

7th @ West Marshall 4:30

Dismiss @ 3:10 / Bus @ 3:20

**B Basketball Skills** -- 3:40 - 5:00

**Wrestling** -- 3:45 - 5:30

**Quote of the Week:**

"Staying positive does not mean that things will turn out okay. Rather it is knowing that you will be okay no matter how things turn out." Unknown