

**ROLAND-STORY MIDDLE SCHOOL  
MONDAY, October 18, 2021 #040**

**TODAY'S LUNCH**

Monday-Chicken strips, green beans, pineapple  
Tuesday-Chicken and cheese quesadilla, corn, mango  
Wednesday-Meatloaf, mashed potatoes, peaches  
Thursday-Shredded pork sandwich, baked beans, mixed fruit  
Friday-Grilled cheese, chicken noodle soup, baby carrots, applesauce

**BREAKFAST**

Monday-Ham breakfast bar, fruit  
Tuesday-Turkey bacon egg and cheese biscuit, fruit  
Wednesday-Breakfast pizza, fruit  
Thursday-Sausage pancake stick, fruit  
Friday-Cereal, graham crackers, fruit

Just a reminder to have fun, follow the Norse Code and come to school each day Ready to Learn! We have the privilege of attending an amazing school so be grateful each and every day and have pride in our building.

**ALL STUDENTS:** PLEASE WAIT UNTIL 8:15 AM TO COME INTO THE OFFICE FOR HELP WITH ANYTHING UNLESS YOU ARE SICK, HAVE AN INJURY, OR NEED MEDICINE! Thank you!

**RSMS Picture Re-Take Day** will be Thursday, October 21 in the morning. If you missed the first picture day, you may pick up an order form in the office. For retakes, please bring original pictures back to give to the photographer.

**Congrats to the students who were accepted into the SCIBA Honor Bands this year!**

**Congrats to the students who will be attending the Jazz Combo Workshop in Waukee this fall!**

**CONGRATULATIONS to the students who were accepted into OPUS Honor Choir!**

Over 2,100 students were submitted by their directors for 720 positions in the four Opus Honor Choirs. Selections were made by means of a recorded audition. The 2021 Opus Honor Choirs will perform on November 18 at 4:00PM in C.Y. Stephens Auditorium at the Iowa State Events Center in Ames.

**Girls basketball** starts Monday, October 18. Students need shorts, T-shirt, and basketball shoes for practice. Current physical and other forms must be on file in the Middle School office in order to participate. If you do not have your paperwork, you should still attend practice to watch.

**Cross Country and Football pictures** will be next Tuesday, October 19 after school. Cross country will be first followed by Football. Cross country will turn in uniforms and have a team party after pictures. Football will turn in uniforms and equipment after pictures. All uniforms and equipment should be laundered and clean.

**7th and 8th Baseball Players** -- Coach Hill will be meeting with you during your lunch period on Wednesday, October 20. Please get your lunch tray and then meet in the collaboration room.

**Annual Norsemen Baseball Fan Cloth fundraiser** is now live. There are multiple non-sport specific items available for youth to adults. Items will arrive prior to Christmas break, and make for great gift ideas. All orders are done online, and shipped directly to your home. Be sure to utilize the size chart provided on the Fan Cloth website. Link to online store is [fancloth.shop/NLZVR](https://www.fancloth.shop/NLZVR). To give order credit to a member of the Norsemen baseball team just put in their name at checkout. Deadline for orders will be midnight 11/5. Contact Coach Hill, [chill@roland-story.k12.ia.us](mailto:chill@roland-story.k12.ia.us), with any questions you may have regarding the order.

**RS Athletic Booster Club - Join Today!** The Roland-Story Athletic Booster Club provides support for RS athletic programs and helps provide resources (such as uniforms, strength coaches, equipment, and facilities upgrades) for student-athletes to meet their full potential on and off the playing field. Membership is made up of businesses, parents, grandparents, friends and other supporters of Roland-Story athletics and our student-athletes. Becoming a member is easy! You can register and pay by card using RevTrak (the system used by the school to pay for registration) at [Roland-Story Athletic Booster Club](#). You can also fill out a membership card at this week's home varsity football game and next week's home volleyball games (a membership table will be set up by the concession stand each night) or email us at [rolandstoryboosters@gmail.com](mailto:rolandstoryboosters@gmail.com) for more information. Now through October 5th, each new membership will be entered into a drawing for a Friday Family Fun Pack (including free admission and concession vouchers for the night of your choice). Join today to help elevate our RS athletic programs to the next level!

**7<sup>th</sup> and 8<sup>th</sup> Grade Roland Rural Bus Room** please report to Mr. Sheahan's room at 3:30.

**Reminder to all students attending middle school and high school events:** Please come to watch the event and NOT be running around. Remember to demonstrate the Norse Code positively cheering for both teams.

**RSMS to offer "Skip the Trip" Iowa DOT instruction permit knowledge tests**

Do you have a student who is ready to take the operator knowledge test to get an Iowa instruction permit to drive? RSMS is now offering the test right here at school as part of the Iowa Department of Transportation's "Skip the Trip" program. In partnering with the Iowa DOT, RSMS can save families time, cost, and the hassle of making a trip to a driver's license service center for testing. Students will be able to take the web-based test in a more familiar environment that works to reduce test anxiety and increase success rates. Tests are overseen by trained school staff to assure the integrity of test results. To be eligible to take the remote knowledge test, your student must be age 14 or older and not currently hold an Iowa instruction permit. Students that have turned 14 prior to the testing date must sign up in the office and have permission given from their parent by either email or phone. Students will have the opportunity to test on the second Tuesday of each month. "Skip the Trip" allows students to take their initial test at school as the first step in getting your student to be a confident driver. Once a student has successfully passed the test, the student will receive an email verifying a successful test. The student brings a copy of the email to the driver's license service center along with the other required documentation that will prove their identity to be issued their instruction permit. Service center staff will verify passing test result emails with Iowa DOT records. Visit [www.iowadot.gov/mvd/realid/success.asp](http://www.iowadot.gov/mvd/realid/success.asp) to determine what documentation to bring with you to receive your student's permit. To prepare for a successful knowledge test, students should study the Iowa Driver's Manual and online practice test, both available at: <https://iowadot.gov/mvd/driverslicense/manuals-and-practice-tests>.

**Quote of the Week:**

"Show up. Do what you said you were going to do. Then do a little bit extra. This is how you become exceptional." Unknown

**R-S MS PRACTICE / SHUTTLE SCHEDULE  
GIRLS BASKETBALL, CROSS COUNTRY, FOOTBALL**

**OCTOBER 18 - OCTOBER 22  
CROSS COUNTRY & FOOTBALL -- TUESDAY ONLY 4:45 / 5:15  
GIRLS BASKETBALL -- SHUTTLE @ 5:45 P.M.**

**MONDAY, OCTOBER 18**  
Girls Basketball 3:40 – 5:30

**TUESDAY, OCTOBER 19**

**Cross Country Shuttle @ 4:45**

**Football Shuttle @ 5:15**

Cross Country 3:30 - 4:30 -- Pictures, Turn in Uniforms, Party

Football 3:30 - 5:15 -- Pictures, Turn in Uniforms & Equipment

Girls Basketball 3:40 -- 5:30

**WEDNESDAY, OCTOBER 20**

Girls Basketball 3:40 – 5:30

**THURSDAY, OCTOBER 21**

Girls Basketball 3:40 – 5:30

**FRIDAY, OCTOBER 22**

Girls Basketball 3:40 – 5:30