

**ROLAND-STORY MIDDLE SCHOOL  
MONDAY, November 29, 2021 #066**

**TODAY'S LUNCH**

Monday-Crispy chicken sandwich, broccoli, mixed fruit  
Tuesday-Taquito, corn, pears  
Wednesday-Spaghetti, breadstick, green beans, applesauce  
Thursday-Cheeseburger, fries, peaches  
Friday-Sliced ham, au gratin potatoes, peas and carrots, pears

**BREAKFAST**

Monday-Ham breakfast bar  
Tuesday-Apple frudel, fruit  
Wednesday-Breakfast pizza, fruit  
Thursday-Sausage pancake stick, fruit  
Friday-Cereal, poptart

**Just a reminder to have fun, follow the Norse Code and come to school each day Ready to Learn! We have the privilege of attending an amazing school so be grateful each and every day and have pride in our building.**

**At RSMS WE:**

- Love All Students
- Love Each Other
- Get Better Every Day

**MS Concessions Workers are needed for today's (11/29) Girls Basketball game and Friday's (12/3) home Wrestling Meet.** Please sign up in the office. If we do not have workers, the concession stand will not be open. Thank you to those who have volunteered so far this year!!

**7th and 8th Boys Basketball Players** -- The first Basketball Skills Session will be on Monday, November 29 for 8th graders and on Tuesday, November 30 for 7th graders. All players and their parents should have received an email with information on the basketball skills sessions. **Players should bring their reversible practice jerseys for the skills sessions.**

**Students**-as the weather gets colder please bring the appropriate clothing for outdoor recess. We will go out for recess unless the weather is colder than 5 degrees. We ask that you wear your coats to lunch.

**7<sup>th</sup> and 8<sup>th</sup> Grade Roland Rural Bus Room** please report to Mrs. Clapper's room at 3:30.

**Reminder to all students attending middle school and high school events:** Please come to watch the event and NOT be running around. Remember to demonstrate the Norse Code positively cheering for both teams.

**RSMS to offer "Skip the Trip" Iowa DOT instruction permit knowledge tests**

Do you have a student who is ready to take the operator knowledge test to get an Iowa instruction permit to drive? RSMS is now offering the test right here at school as part of the Iowa Department of Transportation's "Skip the Trip" program. In partnering with the Iowa DOT, RSMS can save families time, cost, and the hassle of making a trip to a driver's license service center for testing. Students will be able to take the web-based test in a more familiar environment that works to reduce test anxiety and increase success rates. Tests are overseen by trained school staff to assure the integrity of test results.

To be eligible to take the remote knowledge test, your student must be age 14 or older and not currently hold an Iowa instruction permit. Students that have turned 14 prior to the testing date must sign up in the office and have permission given from their parent by either email or phone. Students will have the opportunity to test on the second Tuesday of each month. "Skip the Trip" allows students to take their

initial test at school as the first step in getting your student to be a confident driver. Once a student has successfully passed the test, the student will receive an email verifying a successful test. The student brings a copy of the email to the driver's license service center along with the other required documentation that will prove their identity to be issued their instruction permit. Service center staff will verify passing test result emails with Iowa DOT records. Visit [www.iowadot.gov/mvd/realid/success.asp](http://www.iowadot.gov/mvd/realid/success.asp) to determine what documentation to bring with you to receive your student's permit. To prepare for a successful knowledge test, students should study the Iowa Driver's Manual and online practice test, both available at: <https://iowadot.gov/mvd/driverslicense/manuals-and-practice-tests>.

**Quote of the Week:**

There are two ways of exerting one's strength: one is pushing down, the other is pulling up.  
Booker T Washington

**R-S MS PRACTICE / SHUTTLE SCHEDULE  
GIRLS BASKETBALL and WRESTLING  
BOYS BASKETBALL SKILLS**

**NOVEMBER 29 - DECEMBER 3**

**SHUTTLE @ 5:45 P.M.**

**MONDAY, NOVEMBER 29 -- Shuttle @ 5:45**

Girls Basketball 8th vs. Gilbert (H), 7th @ Gilbert @ 4:15  
7th Dismiss @ 3:10 / Bus @ 3:20  
Wrestling 3:30 - 5:30  
8th Boys Basketball Skills -- 3:30 - 5:30 (old gym)

**TUESDAY, NOVEMBER 30 -- Shuttle @ 5:45**

Girls Basketball 7th vs. West Marshall (H), 8th @ West Marshall  
8th Dismiss 3:05 @ / Bus @ 3:15  
Wrestling @ Gilbert @ 4:30  
Dismiss @ 3:15 / Bus @ 3:25  
7th Boys Basketball Skills -- 3:30 - 5:30 (old gym)

**WEDNESDAY, DECEMBER 1**

Girls Basketball 3:30 - 5:30  
Wrestling 3:30 - 5:30

**THURSDAY, DECEMBER 2**

Girls Basketball 8th vs. S. Hamilton (H) / 7th @ S. Hamilton  
Dismiss @ 3:25 / Bus @ 3:35  
Wrestling 3:30 - 5:30

**FRIDAY, DECEMBER 3**

Girls Basketball 3:30 - 5:30 -- Old Gym  
Wrestling @ RSMS (H) New Gym

**NOTE: Wrestlers provide their own transportation for AM wrestling practices.**