

**ROLAND-STORY MIDDLE SCHOOL
FRIDAY, March 13th, 2020 #129**

LUNCH

Monday-Norse burger, sun chips, pears, corn
Tuesday-Crispito, chips and cheese, mandarin oranges, green beans,
Wednesday-Spaghetti, breadstick, mixed fruit, green beans
Thursday-Turkey and bacon pita, fritos, apricots, carrots
Friday-Cheese pizza, apple slices, romaine salad

BREAKFAST

Monday-Ham breakfast bar, graham crackers, fruit
Tuesday-Cheese omelette, graham crackers, fruit
Wednesday-Breakfast pizza, fruit
Thursday-Sausage pancake stick, fruit
Friday-Cereal, granola bar, fruit

Be GRATEFUL for TODAY!

TODAY IS A 1:00/1:15 DISMISSAL

School nurse updates:

<https://sites.google.com/a/roland-story.k12.ia.us/be-healthy/>

Band Students: All 5th, 6th, 7th and 8th grade band students should be taking their instruments home over spring break. This is a great time to clean your instrument and keep working on band music. Thanks!
-Mrs. Barker

The **4th Annual Builders Club Dodgeball Tournament** will be played on March 13, 2020 (last day before Spring Break). Teams will be made of 8 players/double elimination. Please pick up a registration form in the office. Any students looking for a team can sign up in the office.

7th and 8th Grade Roland Rural Bus Room please report to **Mrs. Petersen's** room at 3:30. You **MUST** check in with the teacher.

Dress Code Reminder-pajama tops or bottoms, bedroom slippers, or other similar items of clothing worn as regular items of clothing are not permitted.

Students, just a friendly reminder that we appreciate and support your extracurricular activities, but per our handbook policy (page 49), students are not allowed to sell items to others at school.

Softball Camp fliers for 5th and 6th grade softball players will be available in the MS office or from their homeroom teacher. Camp will be Saturday, March 28th at the MS Gyms in Roland. Form also available on Facebook on the Roland-Story Softball page and at the HS Softball website:

<http://tinyurl.com/norsesoftball>

7th and 8th grade track girls: there is a preseason workout sheet for you to pick up in Mrs. Vinson's room. The weather is cooperating, so get out and run! Practice begins Monday, March 23rd, after school.

Pack layers for indoor/outdoor practice. Be sure to have all your physical forms turned in to the office before the first day.

ATHLETIC APPAREL ORDERS

The softball team is once again making their team hat available for purchase this year. It is the same as previous years, with both a black and red option. Due to popular demand, we have also added a black visor this year. Online store available until Friday, March 13th at midnight via this link:

https://rssoftball20.itemorder.com/sale?read_message=true

The annual Norsemen Baseball spring apparel sale is now live. Multiple men, women, and youth items available. Store closes at noon on 3/13. See link below, and contact Coach Hill with any questions at chill@roland-story.k12.ia.us. <https://rsbaseball20.itemorder.com/sale>

The Spring Softball FanCloth order is now open. There are 30 non-sport specific items available in men's, women's, youth, and accessories via our online store. Simply go to: FANCLOTH.SHOP/SDLNN Click to shop. You can purchase as an individual or support your favorite softball player. Link is open through 3.30. Contact Coach Doyle: adoyle@roland-story.k12.ia.us with any questions. Thanks for your support!

RSMS to offer "Skip the Trip" Iowa DOT instruction permit knowledge tests

Do you have a student who is ready to take the operator knowledge test to get an Iowa instruction permit to drive? RSMS is now offering the test right here at school as part of the Iowa Department of Transportation's "Skip the Trip" program.

In partnering with the Iowa DOT, RSMS can save families time, cost, and the hassle of making a trip to a driver's license service center for testing. Students will be able to take the web-based test in a more familiar environment that works to reduce test anxiety and increase success rates. Tests are overseen by trained school staff to assure the integrity of test results.

To be eligible to take the remote knowledge test, your student must be age 14 or older and not currently hold an Iowa instruction permit. Students that have turned 14 prior to the testing date must sign up in the office and have permission given from their parent by either email or phone. Students will have the opportunity to test on the second Tuesday of each month starting January 14th, 2020.

"Skip the Trip" allows students to take their initial test at school as the first step in getting your student to be a confident driver. Once a student has successfully passed the test, the student will receive an email verifying a successful test.

The student brings a copy of the email to the driver's license service center along with the other required documentation that will prove their identity to be issued their instruction permit. Service center staff will verify passing test result emails with Iowa DOT records. Visit www.iowadot.gov/mvd/realid/success.asp to determine what documentation to bring with you to receive your student's permit.

To prepare for a successful knowledge test, students should study the Iowa Driver's Manual and online practice test, both available at: <https://iowadot.gov/mvd/driverslicense/manuals-and-practice-tests>.

Quote of the Week:

True leaders don't lead to gain power. They lead to empower and give power away. Jon Gordon