

**ROLAND-STORY MIDDLE SCHOOL
FRIDAY, September 24, 2021 #024**

TODAY'S LUNCH

Monday-Cheese pizza, romaine salad, pears
Tuesday-Chicken and cheese quesadillas, corn, mixed fruit
Wednesday-Chili cheese dog, mixed vegetables, peaches
Thursday-Turkey bacon flatbread, crackers, baby carrots, orange slices,
Friday-Cod nuggets, green beans, applesauce

BREAKFAST

Monday-Ham breakfast bar, graham crackers, fruit
Tuesday-Sausage egg and cheese biscuit, fruit
Wednesday-Breakfast pizza, fruit
Thursday-Sausage pancake stick, fruit
Friday-Cereal, muffin, fruit

Just a reminder to have fun, follow the Norse Code and come to school each day Ready to Learn! We have the privilege of attending an amazing school so be grateful each and every day and have pride in our building.

Homecoming Week 2021

Monday: Jersey Day - Wear your favorite team or player's jersey

Tuesday: Hawaiian Day - Wear your best Hawaiian outfit

Wednesday: USA Spirit Day - Show your patriotic spirit with your best American outfit

Thursday: Why is This in My Closet? Day - Wear your most ridiculous outfit from your closet, or maybe your mom's closet

Friday: Norsemen Spirit Day! - Wear your best Norsemen gear to cheer on the teams Friday night! GO NORSE!

ALL STUDENTS: PLEASE WAIT UNTIL 8:15 AM TO COME INTO THE OFFICE FOR HELP WITH ANYTHING UNLESS YOU ARE SICK, HAVE AN INJURY, OR NEED MEDICINE! Thank you!

Student Ambassador meeting Wednesday, September 29 during lunches in Mrs. Handsaker's classroom.

RSMS School Picture Day is Thursday, September 30th.

Parks & Recreation Basketball 2021-2022 Season - Registration Deadline: Friday, October 1st. Cost: Pre K-Kinder: \$35 (includes t-shirt); 1st-6th Grade With Jersey \$55.00/participant (includes reversible white/red jersey), Without Jersey \$45.00/participant (participant already has required reversible jersey). Check out our website for more information: <https://cityofstorycity.org/parks-and-recreation/>

All Students: Please be sure to check the main office window throughout the day for your name for any messages you may have.

Premier Athlete Training for 7th and 8th grade students has begun and will take place Tuesday and Friday mornings from 6:15 to 7:05. The information/registration form can be found on our middle school website or picked up in the office.

Mock trial will be Mondays and Wednesdays at 7:00 a.m. in room 123 across from the office.

Concessions workers needed! In order to have Concessions for Home Middle School Volleyball games, we need two 7th or 8th grade students to sign up to work. Time frame is 4:15 to approximately 6:15-6:30. Please sign up on the sheet in the office. Your help is greatly appreciated.

7th and 8th Grade Roland Rural Bus Room please report to Mrs. Paulson's room at 3:30.

Reminder to all students attending middle school and high school events: Please come to watch the event and NOT be running around. Remember to demonstrate the Norse Code positively cheering for both teams.

Quote of the Week:

"When we choose to respond to challenges and adversity in a positive way, we create stories worth telling." Unknown

**R-S MS PRACTICE / SHUTTLE SCHEDULE
CROSS COUNTRY, FOOTBALL, VOLLEYBALL
SEPTEMBER 20 - SEPTEMBER 24**

FRIDAY, SEPTEMBER 24 -- Volleyball Shuttle Only @ 5:15

Cross Country	No Practice
Football	No Practice
Volleyball	3:45 – 5:05