

**ROLAND-STORY MIDDLE SCHOOL
FRIDAY, OCTOBER 9th, 2020 #034**

TODAY'S LUNCH

Monday-Cheese pizza, romaine salad, pears
Tuesday-Walking tacos, corn, applesauce
Wednesday-Orange chicken, fried rice, eggroll, mixed fruit
Thursday-Chicken alfredo over bowtie pasta, breadsticks, broccoli, sliced pears
Friday-Hot dog, fries, peaches

BREAKFAST

Monday-Ham breakfast bar, graham crackers, fruit
Tuesday-Mini cinnamon rolls, fruit
Wednesday-Breakfast pizza, fruit
Thursday-Sausage pancake stick, fruit
Friday-Cereal, poptart, fruit

Hey RSMS students!! Just a reminder to have fun, follow the Norse Code and come to school each day Ready to Learn! We have the privilege of attending an amazing school so be grateful each and every day and have pride in our building.

7-8 Girls Basketball -- Official practice will begin on Wednesday, October 21 immediately after school. There will be optional open gym/skills sessions on Monday, October 19 and Tuesday, October 20. More information on the open gym/skills sessions will be handed out to players next week. You must have a current physical and have all your forms handed in to the MS office in order to participate.

Wrestling will begin on Tuesday, October 27 immediately after school. Wrestlers need a t-shirt, shorts, and wrestling shoes for practice. Headgear will be provided or you may provide your own. You must have a current physical and have all your forms handed in to the MS office in order to participate.

7th and 8th Grade Roland Rural Bus Room please report to Mrs. Kentner's room at 3:30.

2020 Angel Gift Program: For more information on the Angel Gift Program or to find forms to apply as a recipient, please visit our website or stop by the middle school office. With questions, please contact Alyssa Loots at (515) 733-4386.

RSMS to offer "Skip the Trip" Iowa DOT instruction permit knowledge tests

Do you have a student who is ready to take the operator knowledge test to get an Iowa instruction permit to drive? RSMS is now offering the test right here at school as part of the Iowa Department of Transportation's "Skip the Trip" program. In partnering with the Iowa DOT, RSMS can save families time, cost, and the hassle of making a trip to a driver's license service center for testing. Students will be able to take the web-based test in a more familiar environment that works to reduce test anxiety and increase success rates. Tests are overseen by trained school staff to assure the integrity of test results.

To be eligible to take the remote knowledge test, your student must be age 14 or older and not currently hold an Iowa instruction permit. Students that have turned 14 prior to the testing date must sign up in the office and have permission given from their parent by either email or phone. Students will have the opportunity to test on the second Tuesday of each month. "Skip the Trip" allows students to take their initial test at school as the first step in getting your student to be a confident driver. Once a student has successfully passed the test, the student will receive an email verifying a successful test. The student brings a copy of the email to the driver's license service center along with the other required documentation that will prove their identity to be issued their instruction permit. Service center staff will verify passing test result emails with Iowa DOT records. Visit www.iowadot.gov/mvd/realid/success.asp to determine what documentation to bring with you to receive your student's permit. To prepare for a

successful knowledge test, students should study the Iowa Driver's Manual and online practice test, both available at: <https://iowadot.gov/mvd/driverslicense/manuals-and-practice-tests>.

NBA registration is now open! Join us for another exciting, fun, and competitive season of basketball with the Norsemen Basketball Association! Online registration is open until October 13th on Team Snap: <https://go.teamsnap.com/forms/245433> For more information, please see the RSMS website.

Quote of the Week:

"When obstacles arise, you change your direction to reach your goal, you do not change your decision to get there."

Zig Zigler

**R-S MS PRACTICE / SHUTTLE SCHEDULE
CROSS COUNTRY, FOOTBALL, VOLLEYBALL**

**CROSS COUNTRY & VOLLEYBALL -- SHUTTLE @ 5:00 P.M.
FOOTBALL -- SHUTTLE @ 5:30 P.M.**

FRIDAY, OCTOBER 9

Cross Country -- 3:35 – 5:00

Football -- 3:45 – 5:20

Volleyball -- 3:35 – 5:05