

ROLAND-STORY NORSEMEN MORNING BULLETIN

Wednesday September 2, 2020 #8 “B”

This Week’s Menu

Wednesday Breakfast: Breakfast Pizza, Apple/Banana/Orange, Milk

Wednesday Lunch: Spaghetti w. Meatsauce, Breadstick, Green Beans, Applesauce, Milk

Thursday Breakfast: Sausage Pancake Stick, Apple/Banana/Orange, Milk

Thursday Lunch: Turkey Sub Sandwiches, Baby Carrots, Pineapple, Milk

Friday Breakfast: Cold Cereal, Poptart, Apple/Banana/Orange, Milk

Friday Lunch: Chili Cheese Dogs, Mixed Veggies, Peaches, Milk

FROM THE OFFICE

Reminder that masks are strongly encouraged and some teachers will be requiring them in their classrooms. Please be using sanitizer and practice social distancing.

Congratulations to the fall play cast of *The Internet is a Distract--OH LOOK A KITTEN!* The cast list is posted in the commons. The first rehearsal is Tuesday, September 8 at 7:00 pm.

You will need to enter the building at the band room door. You will be expected to wear a mask.(9/8)

Fall Play crew applications are available in the IMC. Applications are due Wednesday, Sept. 9 by 4:00 p.m. and can be returned to the IMC. If you have any questions, contact Mrs. Broich or Mrs. Webb.(9/9)

[Return to Play Football Seating](#)

[Return to Play Football Info](#)

FFA Meeting on Friday morning beginning at 7:55AM for all members. Meeting to be held in the AG Classroom

Wrestlers: There will be a short meeting at 7:45 Thursday morning in Coach Schwartz's room. Let Coach Schwartz know if you can't make it.

Roland Story Athletic Apparel Order [Click Here!](#) Orders due September 3rd

Nurse Updates

We are taking extra precautions to keep students and staff safe. If your child has one high risk symptom or two or more low risk symptoms we are asking you to keep your child home. If your child has these symptoms at school we will be sending them home and following up with when they can return to school.

If your child is experiencing any combination of COVID-19 symptoms please contact your healthcare provider for further instruction. If your child is negative for COVID-19 and has no known exposure AND has symptom improvement they can return with a negative COVID test and a doctor's note. If you would like to monitor symptoms at home your child must stay home for 10 days from the onset of symptoms. If your doctor diagnoses your child with another illness and does not believe they need to be tested for COVID-19 please have them write a note, let the school know and send it with your child.

[Evaluating Sick Students and Staff](#)

From the Counselor's Office:

[COUNSELOR'S FOLDER](#)

PSAT/NMSQT

Who: 10th and 11th-grade students

Sign up deadline: September 14, 3:45-Counselor's office

Testing Date: Wednesday, October 14th, 8:00-11:30 a.m.

Testing Location: Local churches (Quiet)

Required assessment: No, this is not required; Tied to scholarship eligibility

About the PSAT/NMSQT: [Click here](#)

Make checks payable to Roland-Story CSD in the amount of \$17.00

*In 2020-21, the fee for PSAT/NMSQT is \$17 each.

UNI: 11th and 12th-grade students, are you considering attending the University of Northern Iowa? Please attend a seminar session Thursday, September 3rd. I will begin a short presentation right at 1:10.

Location: HS Conference Room

Military Opt Out Form for Juniors and Seniors: This allows us to legally refuse to give the military contact information about your student if you sign this form. Please return the signed form by September 11th to the guidance office.

Mental Health Therapist at RSHS

RS students and families, our school district has an agreement with a *professional mental health therapist*. For our HS students, she is available Monday mornings. Please see Mrs. Heisterkamp if you would like to schedule a visit with her.

SENIOR PARENT/STUDENT: FINANCIAL AID Webinar

ICAN will not be presenting in-person this year, please see the information below.

You are invited to a Zoom webinar.

When: Sep 14, 2020 07:00 PM Central Time (US and Canada)

Topic: How to Pay for College - Understanding the Financial Aid Process (Seniors)

Register in advance for this webinar:

https://zoom.us/webinar/register/WN_vS0gWMiRSOK6cjK8xVKabw

Scholarships

[2021 Prudential Spirit of Community Award](#)- \$1,000 due 11/10 Volunteer service award for grades 5-12

[QuestBridge National College Match](#)- Full Tuition due 9/29 Connects academically outstanding high school seniors from low-income backgrounds with full 4-year scholarships to the nation's leading colleges

ATHLETIC ACTIVITIES FOR THE WEEK

Thursday 9/3

JV Volleyball vs PCM @ Roland Story High School North Gym 5:00pm

JV2 Volleyball vs PCM @ Roland Story High School South Gym 5:00pm

Varsity Volleyball vs PCM @ Roland Story High School North Gym 6:30pm

Friday 9/4

9th Grade Football vs Nevada @ Roland Story High School 4:45pm

Varsity Football vs Nevada @ Roland Story High School 7:30pm