

# ROLAND-STORY NORSEMEN MORNING BULLETIN

**Tuesday September 8, 2020 #11 “E”**

## **This Week’s Menu**

**Monday: NO SCHOOL**

**Tuesday Breakfast:** Breakfast Burrito, Apple/Banana/Orange, Milk

**Tuesday Lunch:** Beef & Bean Burrito, Black Beans, Strawberries, Milk

**Wednesday Breakfast:** Breakfast Pizza, Apple/Banana/Orange, Milk

**Wednesday Lunch:** Meatballs, Mashed Potatoes w. Gravy, Peas, Mixed Fruit, Milk

**Thursday Breakfast:** Sausage Pancake Stick, Apple/Banana/Orange, Milk

**Thursday Lunch:** Pepperoni Pizza, Romaine Salad, Blueberries, Milk

**Friday Breakfast:** Cold Cereal, Graham Crackers, Apple/Banana/Orange, Milk

**Friday Lunch:** Chicken Nuggets, Fries, Mandarin Oranges, Milk

## **FROM THE OFFICE**

**Reminder** that masks are strongly encouraged and some teachers will be requiring them in their classrooms. Please be using sanitizer and practice social distancing.

**NO SCHOOL MONDAY SEPTEMBER 7th**

**The FCCLA Kick Off meeting** will be Friday Sept 11 at 8am FCS classroom! Anyone is welcome to attend! See Mrs. Brouwer with questions.

### **RS Booster Club Mask Webstore**

We heard your requests for another chance to order masks! The RS Athletic Booster Club is selling masks now through midnight on September 13th. Two different styles are available in a variety of sizes (even sizes for little faces) and colors, as well as a customized red RS option. All masks in the web store follow CDC and FDA guidelines. Orders can be sent to the school or can be delivered to your home. Click on the link below for more information or to place your order! <https://rsboostermask20.itemorder.com/sale>

**Congratulations to the fall play cast** of *The Internet is a Distract--OH LOOK A KITTEN!* The cast list is posted in the commons. The first rehearsal is Tuesday, September 8 at 7:00 pm. You will need to enter the building at the band room door. You will be expected to wear a mask.(9/8)

**Fall Play crew applications are available in the IMC.** Applications are due Wednesday, Sept. 9 by 4:00 p.m. and can be returned to the IMC. If you have any questions, contact Mrs. Broich or Mrs. Webb.(9/9)

### **Nurse Updates**

During this time we are taking extra safety measures to keep our students, families and staff safe. Due to this we ask that if your child has two or more low risk symptoms or one high symptom they stay home for 10 days. If you would like to have your child evaluated by their health care provider during that time please communicate with the school the outcome of the evaluation by your child's doctor and we will work together to determine the date your child can safely return to school. Thank you for cooperation during this time.

### **[Evaluating Sick Students and Staff](#)**

### **From the Counselor's Office:**

### **[COUNSELOR'S FOLDER](#)**

### **[Story County Virtual Mental Health Expo-2020](#)**

**["An evening of hope and healing."](#)**

**[Click here for more information](#)**

## **PSAT/NMSQT**

**Who:** 10th and 11th-grade students

**Sign up deadline:** September 14, 3:45-Counselor's office

**Testing Date:** Wednesday, October 14th, 8:00-11:30 a.m.

**Testing Location:** Local churches (Quiet)

**Required assessment:** No, this is not required; Tied to scholarship eligibility

About the PSAT/NMSQT: [Click here](#)

Make checks payable to Roland-Story CSD in the amount of \$17.00

\*In 2020-21, the fee for PSAT/NMSQT is \$17 each.

**Military Opt Out Form for Juniors and Seniors:** This allows us to legally refuse to give the military contact information about your student if you sign this form. Please return the signed form by September 11th to the guidance office.

### **SENIOR PARENT/STUDENT: FINANCIAL AID Webinar**

ICAN will not be presenting in-person this year, please see the information below.

You are invited to a Zoom webinar.

When: Sep 14, 2020 07:00 PM Central Time (US and Canada)

Topic: How to Pay for College - Understanding the Financial Aid Process (Seniors)

Register in advance for this webinar:

[https://zoom.us/webinar/register/WN\\_vS0gWMiRSOK6cjK8xVKabw](https://zoom.us/webinar/register/WN_vS0gWMiRSOK6cjK8xVKabw)

## **ATHLETIC ACTIVITIES FOR THE WEEK**

### **Tuesday 9/8**

JV Football vs Nevada @ Roland Story High School 6:00pm

### **Thursday 9/10**

JV/Varsity Cross Country Invitational @ Spring Lake State Park 4:45pm

JV Volleyball vs Greene County @ Roland Story High School North Gym 5:00pm

JV2 Volleyball vs Greene County @ Roland Story High School South Gym 5:00pm

Varsity Volleyball vs Greene County @ Roland Story High School North Gym 6:30pm

### **Friday 9/11**

9th Grade Football @ Forest City High School 4:45pm

Varsity Football @ Forest City High School 7:30pm