

# ROLAND-STORY NORSEMEN MORNING BULLETIN

**Wednesday September 16, 2020 #17 “E”**

## **This Week’s Menu**

**Wednesday Breakfast:** Breakfast Pizza, Apple/Banana/Orange, Milk

**Wednesday Lunch:** PB&J Uncrustable, Sun Chips, Applesauce Cup, Celery Sticks, Milk

**Thursday Breakfast:** Sausage Pancake Stick, Apple/Banana/Orange, Milk

**Thursday Lunch:** Chicken & Gravy, Biscuit, Mashed Potatoes, Peas, Grapes, Milk

**Friday Breakfast:** Cold Cereal, Muffin, Apple/Banana/Orange, Milk

**Friday Lunch:** Turkey & Bacon Pita, Goldfish Crackers, Baby Carrots, Pears, Milk

## **FROM THE OFFICE**

**Reminder** that masks are strongly encouraged and some teachers will be requiring them in their classrooms. Please be using sanitizer and practice social distancing.

¡**Club de Español!** Join us for our next Spanish Club meeting at 6 PM on Tuesday, September 22nd, in Sra. Paulson's room! Hope to see you there!

**FFA member reminder:** T-shirt designs for the contest are due to Mr. Taylor by 4 pm Wednesday.

### **Nurse Updates**

During this time we are taking extra safety measures to keep our students, families and staff safe. Due to this we ask that if your child has two or more low risk symptoms or one high symptom they stay home for 10 days. If you would like to have your child evaluated by their health care provider during that time please communicate with the school the outcome of the evaluation by your child's doctor and we will work together to determine the date your child can safely return to school. Thank you for cooperation during this time.

[\*\*Evaluating Sick Students and Staff\*\*](#)

**From the Counselor's Office:**

**COUNSELOR'S FOLDER**

**DMACC -Ames Hunziker and COVID Policy:**

[Click here to view](#)

**ATHLETIC ACTIVITIES FOR THE WEEK**

**Thursday 9/17**

JV/Varsity Cross Country @ Iowa State University Cross Country Course 4:30pm

JV2 Match vs Nevada @ Roland Story High School South Gym 5:00pm

JV Match vs Nevada @ Roland Story High School North Gym 5:00pm

Varsity Match vs Nevada @ Roland Story High School North Gym 6:30pm

**Friday 9/18**

9th Grade Football vs West Marshall @ Roland Story High School 4:45pm

Varsity Football vs West Marshall @ Roland Story High School 7:30pm

**Saturday 9/19**

Varsity Volleyball Tournament @ Forest City High School 9:00am

**Dates to Remember**

9/29- Picture Day